

Praise for *Adversity Quotient*

"With AQ, Paul Stoltz has done something remarkable: He synthesizes some of the most important information on how we influence our own future and then offers a profound set of observations which teach us how to thrive in a fast-changing world!"

—Joel Barker, President, Infinity, Ltd.
author of *Paradigms*

"*Adversity Quotient* will show that you have more control over events than you think. The key is changing your beliefs. Believe it or not, that can usually be done in One Minute."

—Ken Blanchard, coauthor, *The One Minute Manager*

"Paul Stoltz's AQ explains why some people, teams, organizations, and societies fail or quit, and how others in the situation persevere and succeed. With this book, anyone or any organization can learn to reroute their AQ and hardwire their brain for success."

—Daniel Burrus, author, *Technotrends*

"AQ is one of the more important concepts of our time. Paul Stoltz's book provides the direction and tools necessary for putting this idea into practice. It is a must read for anyone interested in personal mastery, leadership effectiveness, and/or organizational productivity."

—Jim Ericson, Program Director, The Masters Forum

John Wiley & Sons, Inc.
Professional, Reference and Trade Group
605 Third Avenue, New York, N.Y. 10158-0012
New York • Chichester • Weinheim
Brisbane • Singapore • Toronto

ISBN 0-471-17892-6



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