

PREFACE

From its inception, *Abnormal Psychology: Current Perspectives*, has provided a balanced, contemporary introduction to the symptoms, theory, and treatment of psychological disorders. The ninth edition continues this commitment and, with the addition of video case studies on a new student CD-ROM video, gives a human face to the clinical portraits drawn in the text.

The balanced approach taken by this text acknowledges that a variety of psychological perspectives can be brought to bear on a given disorder. At the same time, some perspectives have been shown empirically to be more effective for certain disorders than others. Therefore, the breadth and depth of discussion of each perspective in the disorders chapters is proportional to its contribution to the understanding and treatment of that particular group of disorders. This approach makes sense from an instructional point of view, although it can be difficult for students taking the introductory course in abnormal psychology to grasp the theoretical differences while trying to differentiate among the disorders and their treatments. For this reason, we provide three chapters devoted to the theoretical perspectives near the beginning of this text (Chapters 4–6). A solid theoretical foundation makes the study of the psychological disorders more manageable for students.

Abnormal Psychology: Current Perspectives is unique in that each edition is prepared with input from experts in the various disorders, making it as accurate and as up-to-date as possible. Many of the changes in this edition (such as the addition of a separate chapter on the neuroscience perspective) reflect new discoveries about the causes of particular disorders and promising new treatment approaches. Research Highlights boxes call additional attention to the essential contributions of research to a better understanding of psychological disorders and a better future for the people who live with them.

A new theme in this edition is prevention. Introduced from a historical perspective in Chapter 1, prevention features prominently in the disorders chapters. Each of the disorders chapters, as well as Chapter 18, Legal and Ethical Issues, includes a Pre-

vention box profiling an outreach program designed for people at risk for one of the disorders described in the chapter. For example, in Chapter 10, the Prevention box discusses the Penn Optimism Project for preventing depression.

Case studies have long been used to give students a window on the manifestations of psychological disorders. Now, through the use of the *MindMAP Plus* CD-ROM packaged with the book, students can observe for themselves the symptoms and suffering of real people with the disorders described in the text. Excerpted from McGraw-Hill's *Faces of Abnormal Psychology*, volumes I and II, and from footage licensed from The Discovery Channel, the video interviews found on the CD powerfully convey what it is like to live with a psychological disorder. Contextualized with a short text preview and several follow-up questions, these videos add a much-needed human dimension to a subject with which many students have little or no experience.

Highlights of This Edition

Continuing the trend started with the eighth edition, we have reduced the number of chapters in the book to 18, down from 19. In response to feedback from instructors, we have redistributed the coverage of antisocial behavior into the chapters on anxiety disorders, personality disorders and sexual disorders and integrated material on prevention in Chapter 1 and in each of the disorders chapters. Also, in recognition of the growing body of neuroscience research, we have added a third perspectives chapter devoted to the neuroscience perspective. The other two perspectives chapters now cover the behavioral, cognitive, and sociocultural perspectives (Chapter 4) and the psychodynamic, humanistic and interpersonal perspectives (Chapter 5). The entire text has undergone significant updating, including the addition of more than 200 new references and many empirical studies. All terminology and diagnostic information have been revised to be consistent with the *Diagnostic and Statistical Manual of Mental Disorders*, Fourth Edition, Text

Revision (*DSM-IV-TR*). Other key changes include the following:

Chapter 1: Abnormal Behavior: Historical Perspectives

- ♦ A new section describes the rise of the prevention movement.
- ♦ A new section discusses the effects of managed care on mental health care.
- ♦ A new table highlights ethnic differences in rates of depression.

Chapter 2: Diagnosis and Assessment

- ♦ The discussion of diagnosis reflects *DSM-IV-TR*.
- ♦ A revised discussion of IQ tests addresses the issue of cultural bias.
- ♦ The section on the Rorschach test now covers the controversy surrounding its use and interpretation.

Chapter 3: Research Methods in Abnormal Psychology

- ♦ A new section on research ethics appears in this chapter.

Chapter 4: The Behavioral, Cognitive, and Sociocultural Perspectives

- ♦ This new chapter places the behavioral, cognitive, and sociocultural perspectives in a broader historical context.
- ♦ The discussion of cognitive appraisal was expanded to better explain the concept of cognitive vulnerability.
- ♦ A new section discusses the relationship between socioeconomic status and ethnicity and willingness to seek help for mental health problems.

Chapter 5: The Psychodynamic, Humanistic-Existential, and Interpersonal Perspectives

- ♦ The humanistic-existential perspective was restored and its relation to the psychodynamic perspective is explained.
- ♦ A new section on the interpersonal perspective replaces the discussion of the family systems approach.

Chapter 6: The Neuroscience Perspective

- ♦ This new chapter emphasizes the role of neuropsychological processes in abnormal behavior.

- ♦ A new section discusses the integration of the neuroscience perspective with the psychological approaches as a way of arriving at a more complete explanation of a number of psychological disorders.

Chapter 7: The Anxiety Disorders

- ♦ The chapter has been reorganized to focus first on the disorders involving fear of an identifiable object or situation, which students can understand more readily than disorders having no specific stimulus.
- ♦ A new Focus box discusses the relationship of animal hoarding to obsessive-compulsive disorder.
- ♦ A new Focus box explores the communal trauma that can result from experiencing an act of terrorism, such as the 9/11 attacks in New York, Pennsylvania, and Washington.

Chapter 8: Dissociative and Somatoform Disorders

- ♦ A new Prevention box focuses on educational programs designed to teach children to recognize and avoid abusive situations.

Chapter 9: Psychological Stress and Physical Disorders

- ♦ The discussion of cancer has been rewritten to explore in greater depth the importance of psychological factors to the body's ability to defend against cancer.
- ♦ The discussion of HIV and AIDS has been updated and clarified.
- ♦ Updated information on gender, ethnic, and socioeconomic differences in the effects of stress on cardiovascular health was added to the discussion of groups at risk for heart disease.
- ♦ New material on the effects of spirituality on the stress response appears in a Prevention box.

Chapter 10: Mood Disorders

- ♦ The section on theory and therapy was reorganized and updated to reflect the greater influence of the behavioral/interpersonal and cognitive perspectives in understanding and treating depression and bipolar disorder.
- ♦ Recent findings indicating that behavioral and cognitive models might be applicable to bipolar disorder are discussed.
- ♦ A new Prevention box profiles the Penn Optimism Project.

- ♦ New information added to the section on the neuroscience perspective points to a therapeutic effect of sleep deprivation on patients with bipolar disorder and on IPSRT as an adjunctive treatment for bipolar disorder.
- ♦ Coverage of transcranial magnetic stimulation (TMS) was added to the neuroscience section.

Chapter 11: Personality Disorders

- ♦ The updated chapter now includes antisocial personality disorder.
- ♦ A new Research Highlights box compares “successful” and “unsuccessful” psychopaths.

Chapter 12: Substance-Abuse Disorders

- ♦ The section on Genetic Studies includes a discussion of the interaction of genetic and environmental factors on alcohol dependence.
- ♦ Updated material on possible changes in the brain and on the involvement of serotonin and GABA in substance abuse was added.

Chapter 13: Sexual Dysfunctions, Paraphilias, and Gender Identity Disorders

- ♦ The discussion on treatment of sexual dysfunction was revised to include Viagra and the latest prosthetic treatments
- ♦ The paraphilias section now includes coverage of rape.
- ♦ New material on the efficacy of treatment for paraphilias was added.

Chapter 14: Schizophrenia and Delusional Disorder

- ♦ A new Prevention box discusses the prodrome syndrome and RAPP, a program created to establish prospective criteria that can be used to identify adolescents at risk for schizophrenia and treat them before symptoms develop.

Chapter 15: Neuropsychological Disorders

- ♦ The discussion of epilepsy has been substantially expanded and updated.

Chapter 16: Disorders of Childhood and Adolescence

- ♦ A new introduction outlines the developmental approach to child psychopathology.

- ♦ A new Prevention box discusses the FRIENDS program for anxiety reduction in children.

Chapter 17: Mental Retardation and Autism

- ♦ Revisions clearly separate mental retardation and autism, while making the point that there is some overlap with respect to symptoms, age of onset, prognosis, etiology, and treatment.
- ♦ The discussion of the institutionalization of people with mental retardation has been rewritten to focus on the positive effects of deinstitutionalization.

Chapter 18: Legal and Ethical Issues in Abnormal Psychology

- ♦ The chapter now includes a discussion on ethics and the mental health profession.
- ♦ A new section discusses issues involving involuntary commitment, outlines new laws on the commitment of sexually violent predators, increasing use of involuntary outpatient commitment to insure treatment compliance, and the effectiveness of coerced treatment.

Supplements

The supplements listed here are intended to be used with *Abnormal Psychology*, Ninth edition. Please contact your local McGraw-Hill representative for details concerning policies, prices, and availability, as some restrictions may apply.

The McGraw-Hill Casebook in Abnormal Psychology, Fifth Edition, by John Vitkus, The Cleveland Clinic Foundation. This casebook features 22 case studies from the files of mental health professionals. The cases cover a broad range of disorders and therapies, from phobias to road rage.

MindMAP Plus Student CD-ROM. A new learning tool packaged with new copies of *Abnormal Psychology*, this CD includes video clips from McGraw-Hill's exclusive *Faces of Abnormal Psychology* series and the Discovery Channel video sources illustrating key concepts and featuring real people discussing their disorders. Images in the text key the videos to specific topics. Each video is contextualized with pedagogy, including follow-up questions and web connections. Additionally, a short self-test section for each chapter provides a valuable study aid.

Student Study Guide by Michele Catone-Maitino, Hudson Valley Community College. Learning objectives, key terms, and important names begin each chapter. A guided self-study helps students to review concepts in the chapter, and multiple-choice practice tests enable students to assess their learning. A "Helpful Hints" section provides studying tips and assists students with the chapter's most difficult concepts. An answer key, complete with feedback, is also included.

Online Learning Center with PowerWeb (<http://www.mhhe.com/alloy9>). Practice tests and key terms are available online, as part of comprehensive website for *Abnormal Psychology*, Ninth Edition. PowerWeb, a password-protected section of the website, is available free with the purchase of a new copy of the text. PowerWeb articles and in-depth essays direct students to more than 6,000 high-quality references. The password can be found on the card that is bound into the front of each new text.

Instructor's Resource CD-ROM. In addition to the complete Instructor's Manual, PowerPoint slides, and Test Bank, the Instructor's Resource CD-ROM contains an image gallery of illustrations from the book. An easy-to-use interface facilitates the design and delivery of multimedia classroom presentations.

Instructor's Manual by Joseph A. Davis, San Diego State University. Each chapter of the manual provides many ideas for lectures, demonstrations, activities, and classroom assessment techniques, as well as Talking Points to stimulate class discussion. The Instructor's Manual also includes descriptions of the videos found on the *MindMAP Plus* Student CD and suggestions for using them in class. The Instructor's Manual can be found on the Instructor's Resource CD-ROM and on the password-protected instructor's side of the Online Learning Center.

PowerPoint Slides by Joseph A. Davis, San Diego State University. To enhance lectures and classroom presentation of materials, full-color images from the book are integrated with summaries and main points of each chapter. The PowerPoint slides can be found on the Instructor's Resource CD-ROM and on the password-protected instructor's side of the Online Learning Center.

Test Bank by Michele Catone-Maitino, Hudson Valley Community College. Written by the author of the Student Study Guide, the Test Bank is correlated

with the Study Guide. The Test Bank contains nearly 2,000 multiple-choice items and essay questions. Items that test knowledge of material in the text's boxes are called out for easy reference in the answer keys. The Test Bank can be used on all the major computer platforms and is available on the Instructor's Resource CD-ROM in both text files and computerized format.

Faces of Abnormal Psychology, volumes I and II. Available to adopting instructors on DVD as well as in VHS format, each volume presents ten 8-10 minute clips suitable for classroom viewing. Each video features an interview with someone who has experienced a psychological disorder. Schizophrenia, posttraumatic stress disorder, obsessive-compulsive disorder, and Asperger's syndrome are some of the disorders covered.

Taking Sides: Clashing Views on Controversial Issues in Abnormal Psychology. This debate-style reader introduces students to controversial viewpoints on important issues in the field. Each topic is carefully framed for the students, and the pro and con essays represent the arguments of leading scholars and commentators in their fields. An Instructor's Guide containing testing materials is also available.

PageOut is a tool designed to let an instructor build his or her own website in less than an hour. PageOut requires no prior knowledge of HTML, no long hours of coding, and no design skills. Even the most inexperienced computer user can quickly and easily create a professional-looking course website with PageOut by filling in templates with information and with content provided by McGraw-Hill. Visit <http://www.pageout.net> for more information.

Populated **WebCT** and **Blackboard** course cartridges are also available to instructors.

For information on any component of the teaching supplements, instructors should contact their McGraw-Hill representative.

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