

PREFACE

I wrote this book to help you understand how you can use the skills, knowledge, and attitudes you develop in your psychology classes to become the person you want to become.

- You will learn about the skills that will enable you to perform well in academic settings (e.g., active learning and critical thinking) and how these skills will also benefit you in your post-baccalaureate future (e.g., on the job).
- You will learn about the knowledge that will help you make important future career decisions (e.g., what areas of specialization exist in psychology, what do psychologists in these areas do, and how much do they earn?)
- You will learn the types of attitudes and characteristics most valued by potential employers and graduate school admissions committees.
- You will learn strategies that will enable you to maximize the probability of obtaining the job to which you aspire or being accepted by the graduate school of your choice.
- You will become familiar with the ethical principles that psychologists use to guide their professional behaviors.
- You will learn about a variety of resources that can help you explore career possibilities in psychology, learn more about psychological organizations you can join, and discover sources from which you can learn more about psychology.

I wrote this book with you and your future in mind. Read it carefully, consider its advice wisely, and put its information to work as you begin to plan for your future.

Good luck!