

CONTENTS

11th Hour Guide to Success

Preface

Unit I: From Atoms to Living Cells

1. Introduction to Biology
 1. A Brief History of Life and the Universe
 2. Major Generalizations About Life
 3. Scientific Method
2. Atoms, Bonds, Water, and Carbon
 1. Atoms
 2. Chemical Bonds
 3. Water: pH and Hydrogen Bonds
 4. Carbon: Tetrahedral Bonds and Isomers
3. Molecules and Macromolecules of Life
 1. Functional Groups
 2. Carbohydrates
 3. Lipids
 4. Amino Acids and Proteins
 5. Nucleotides and Nucleic Acids
4. Membrane Structure and Function
 1. Membrane Structure
 2. Passive Transport Across Membranes
 3. Active Transport Across Membranes
5. Cellular Organization
 1. Nucleus, Endoplasmic Reticulum, and Golgi Apparatus
 2. Cellular Organelles
 3. Cytoskeleton and Cell Junctions
6. Energy and Enzymes
 1. Thermodynamics, Heat, and Entropy
 2. Free Energy and Coupling
 3. How Enzymes Work
 4. Enzyme Regulation and Inhibition
7. Energy Metabolism and Cell Respiration
 1. Oxidation, Reduction, and NADH

ix

x

1

3

3

5

8

13

13

16

18

22

28

28

31

33

35

38

43

43

45

48

52

52

54

56

61

61

64

66

68

73

73

2. Glycolysis	76
3. Krebs (Citric Acid) Cycle	77
4. Electron Transport Chain and Oxidative Phosphorylation	79
5. Fermentation	81
8. Photosynthesis: Harnessing Energy for Life	86
1. Chloroplasts and Chlorophyll	86
2. Light Reactions	88
3. Calvin (Calvin-Benson) Cycle	91
EXAM: Unit I	95
Unit II: Genes, Information, and Heredity	101
9. DNA Structure, Function, and Replication	103
1. Evidence That DNA Is the Genetic Material	103
2. DNA Structure	105
3. DNA Replication	108
10. RNA and Protein: Transcription, Translation, and the Genetic Code	114
1. Transcription	114
2. Kinds of RNA and Ribosome Construction	117
3. The Genetic Code	119
4. Translation	121
11. Cell Cycle, Mitosis, and Meiosis	127
1. The Cell Cycle and Mitosis	127
2. Meiosis	130
3. Sexual Reproduction and Genetic Variation	132
12. Mendelian Genetics	137
1. Mendel's Rules and Genetic Variation	137
2. Genetic Crosses	139
3. Complexities	143
4. Pedigree Analysis	145
13. Recombination, Linkage, and Mapping	151
1. Sex-linked Inheritance	151
2. Linkage and Recombination	153
3. Genetic Mapping	156

14. Genetics of Bacteria and Viruses	161
1. Viruses and Their Life Cycles	161
2. Bacteria: Genetic Recombination and Plasmids	164
3. Operons and the Regulation of Prokaryotic Gene Expression	165
15. Gene Expression, Gene Technology, and Human Genetics	171
1. Regulation of Gene Expression in Eukaryotic Cells	171
2. Human Genetic Disorders	173
3. Gene Technology: Clones, Plasmids, PCR, and RFLPs	176
EXAM: Unit II	181
Unit III: Evolution	185
16. Evolution and Natural Selection	187
1. Evolution: History and Evidence	187
2. Natural Selection	190
17. Microevolution and Population Genetics	195
1. Microevolution and Hardy-Weinberg Equilibrium	195
2. Genetic Variation in Populations	199
Unit IV: Animal Physiology	205
18. General Principles of Physiology	207
1. Tissues, Organ Systems, and Surface Area	207
2. Homeostasis and Temperature Regulation	209
19. Cardiovascular System	214
1. Heart	214
2. Arteries, Capillaries, Veins, and Blood	216
20. Endocrine System and Hormones	221
1. Mechanisms of Hormone Action	221
2. Endocrine Glands and Their Control in Vertebrates	224
3. Examples of Hormonal Regulation	226

21. Neurons: Electrical and Synaptic Events	231
1. Neurons, Circuits, and Resting Potentials	231
2. The Action Potential	234
3. Receptor Potentials and Synaptic Potentials	237
4. Synaptic Transmission	239
22. Immune System and Body Defenses	244
1. The Body's Defense Mechanisms	244
2. B Cells, T Cells, and the Immune Response	246
EXAM: Units III & IV	252
Unit V: Ecology	255
23. Ecology	257
1. Food Webs and Productivity	257
2. Chemical Cycling in Ecosystems	259
3. Life History Characteristics and Population Dynamics	262
FINAL EXAM	268
Index	274