



CONTENTS

Preface xv

Walkthrough xx

PART I Evolutionary Background 1

I Biological Anthropology and Evolution 3

What Is Anthropology? 4

Biology and Culture 5

Variation 6

Evolution 6

Adaptation 6

The Subfields of Anthropology 8

SPECIAL TOPIC: Biological Anthropologists at Work 10

Science and Evolution 12

Characteristics of Science 12

The Development of Evolutionary Theory 14

Evidence for Evolution 21

Science and Religion 23

Summary 27

Supplemental Readings 28

Virtual Explorations 28

Summary 145

Supplemental Readings 145

Virtual Explorations 146

2 Human Genetics 31**Molecular Genetics 32**

- DNA: The Genetic Code* 32
- Chromosomes and Genes* 35
- The Human Genome Project* 40

Mendelian Genetics 41

- Genotypes and Phenotypes* 42
- Predicting Offspring Distributions* 45
- Chromosomes and Inheritance* 47
- The Genetics of Complex Physical Traits* 50

Mutations 53

- Evolutionary Significance of Mutations* 53
- Types of Mutations* 54
- Rates of Mutations* 55

SPECIAL TOPIC: PCR and Ancient DNA 56**Genetics and Behavior 57****Summary 59****Supplemental Readings 60****Virtual Explorations 60****CELL BIOLOGY: A Review 62****3 Evolutionary Forces 69****Population Genetics 69**

- What Is a Population?* 70
- Genotype Frequencies and Allele Frequencies* 71
- Hardy-Weinberg Equilibrium* 71

The Evolutionary Forces 75

- Mutation* 75
- Natural Selection* 76
- Genetic Drift* 84
- Gene Flow* 89
- Interaction of the Evolutionary Forces* 92

**SPECIAL TOPIC: Tay-Sachs Disease: Genetic Drift
or Natural Selection? 95***Nonrandom Mating* 96**Summary 96****Supplemental Readings 97****Virtual Explorations 97**

4	<i>The Origin and Evolution of Species</i>	101
	The Birth and Death of Species	102
	<i>What Is a Species?</i>	102
	<i>Speciation</i>	104
	<i>Adaptive Radiation</i>	106
	<i>The Tempo and Mode of Macroevolution</i>	106
	<i>Extinctions and Mass Extinctions</i>	107
	Misconceptions about Evolution	108
	<i>The Nature of Selection</i>	108
	SPECIAL TOPIC: Science Fiction and Orthogenesis	109
	<i>Structure, Function, and Evolution</i>	111
	A Brief History of Life	112
	<i>Perspectives on Geologic Time</i>	112
	<i>The Origin of Life</i>	113
	<i>The Paleozoic Era</i>	113
	<i>The Mesozoic Era</i>	116
	<i>The Cenozoic Era</i>	118
	Summary	118
	Supplemental Readings	119
	Virtual Explorations	119

PART II Human Biological Variation 121

5	<i>The Study of Human Variation</i>	123
	Measuring Human Variation	125
	<i>Red Blood Cell Polymorphisms</i>	125
	<i>The HLA System</i>	127
	<i>DNA Analysis</i>	128
	<i>Complex Traits</i>	130
	Race and Human Variation	132
	<i>What Is Race?</i>	133
	<i>Problems with the Biological Race Concept</i>	134
	<i>Classification and Racial Identification</i>	136
	<i>What Use Is the Race Concept?</i>	137
	Global Patterns of Human Genetic Variation	137
	<i>The Distribution of Human Genetic Variation</i>	137
	<i>Geographic Distance and Human Genetic Variation</i>	140
	SPECIAL TOPIC: Genetics, Race, and IQ	144
	Summary	145
	Supplemental Readings	145
	Virtual Explorations	146

- 6 Genetics, History, and Ancestry 149**
- The Genetic History of Populations 150**
 - The Origin of Native Americans 150*
 - The Origin of Polynesians 153*
 - SPECIAL TOPIC: Kennewick Man 154**
 - The Population History of Ireland 157*
 - The Genetic History of Individuals 160**
 - Was Anna Anderson the Missing Grand Duchess Anastasia? 160*
 - Who Was Eston Hemings's Father? 162*
 - The Genetic Legacy of Genghis Khan? 163*
 - Genetic Ancestry and Cultural Identity 163**
 - Genetic Ancestry of African Americans 164*
 - What Does It Mean to Be Jewish? 165*
 - Summary 167**
 - Supplemental Readings 167**
 - Virtual Explorations 168**
- 7 Natural Selection in Human Populations 171**
- Natural Selection and Disease 171**
 - Hemoglobin, Sickle Cell, and Malaria 172*
 - The Duffy Blood Group 177*
 - The ABO Blood Group 178*
 - SPECIAL TOPIC: ABO Maternal-Fetal Incompatibility and Natural Selection 180**
 - The CCR5 Gene 180*
 - Natural Selection and Skin Color 181**
 - The Biology of Skin Color 181*
 - The Distribution of Human Skin Color 182*
 - The Evolution of Dark Skin 183*
 - The Evolution of Light Skin 184*
 - Natural Selection and Culture Change 186**
 - Horticulture and the Sickle Cell Allele in Africa 186*
 - Lactase Persistence and Lactose Intolerance 188*
 - Summary 190**
 - Supplemental Readings 190**
 - Virtual Explorations 191**
- 8 Human Adaptation 193**
- Types of Adaptation 194**
 - Physiologic, Genetic, and Cultural Adaptation 194*
 - Adaptation to Ultraviolet Radiation: An Example 194*

Climate and Human Adaptation	195
<i>Physiologic Responses to Temperature Stress</i>	195
<i>Climate and Morphological Variation</i>	197
SPECIAL TOPIC: Cranial Plasticity—Did Boas Get It Right?	200
<i>Cultural Adaptations</i>	202
High-Altitude Adaptation	204
<i>High-Altitude Stresses</i>	204
<i>Physiologic Responses to Hypoxia</i>	206
<i>Physical Growth in High-Altitude Populations</i>	206
Nutritional Adaptation	208
<i>Basic Nutritional Needs</i>	208
<i>Variation in Human Diet</i>	210
<i>Malnutrition</i>	211
<i>Biological Costs of Modernization and Dietary Change</i>	212
Summary	214
Supplemental Readings	215
Virtual Explorations	216

PART III Our Place in Nature 217

9 Primates in Nature	219
Taxonomic Classification	219
<i>Taxonomic Categories</i>	220
<i>Methods of Classification</i>	221
<i>Approaches to Classification</i>	223
<i>The Vertebrates</i>	225
Characteristics of Mammals	227
<i>Reproduction</i>	227
<i>Temperature Regulation</i>	229
<i>Teeth</i>	230
<i>Skeletal Structure</i>	232
<i>Behavior</i>	233
Primate Characteristics	234
<i>The Skeleton</i>	235
<i>Vision</i>	236
<i>The Brain and Behavior</i>	237
<i>Reproduction and Care of Offspring</i>	239
SPECIAL TOPIC: What Will Happen to the Primates?	241
<i>Social Structure</i>	243

Models of Primate Behavior	245
<i>Behavioral Ecology</i>	245
<i>Evolutionary Models of Behavior</i>	246
Summary	249
Supplemental Readings	250
Virtual Explorations	250
10 The Biology and Behavior of the Living Primates	253
Primate Suborders	253
<i>Prosimians</i>	253
<i>Anthropoids</i>	256
<i>Alternative Classifications</i>	256
The Monkeys	257
<i>New World Monkeys</i>	258
<i>Old World Monkeys</i>	261
The Hominoids	264
<i>Hominoid Characteristics</i>	264
<i>Classification of the Hominoids</i>	266
The Living Apes	271
<i>Gibbons</i>	271
<i>Orangutans</i>	273
<i>Gorillas</i>	275
<i>Chimpanzees</i>	277
SPECIAL TOPIC: Social Structure and Testes Size in Primates	278
<i>Bonobos</i>	281
Summary	284
Supplemental Readings	284
Virtual Explorations	284
11 The Human Species	287
Characteristics of Living Humans	288
<i>Distribution and Environment</i>	288
<i>Brain Size and Structure</i>	289
<i>Bipedalism</i>	292
<i>Canine Teeth</i>	294
<i>Sex and Reproduction</i>	295
<i>Social Structure</i>	297
The Human Life Cycle	297
<i>Prenatal Growth</i>	297
<i>The Pattern of Human Postnatal Growth</i>	298

SPECIAL TOPIC: Should Infants Sleep with Their Parents?

An Evolutionary View 300

The Evolution of Human Growth 301*Menopause* 302**Is Human Behavior Unique? 303***Tool Use and Manufacture* 303*Do Apes Have Culture?* 306*Language Capabilities* 307

Summary 312

Supplemental Readings 312

Virtual Explorations 312

12 Primate Origins and Evolution 315**The Study of the Fossil Record 316***Relative Dating Methods* 316*Chronometric Dating Methods* 317*Reconstructing the Past* 320**Early Primate Evolution 323***Overview of Early Primate Evolution* 323*Primate Origins* 324*Anthropoid Origins* 328**Evolution of the Miocene Hominoids 330***The Diversity of Miocene Hominoids* 330*The Fossil Evidence* 332**SPECIAL TOPIC: The Giant Ape 334***The Genetic Evidence* 337*Conclusions* 339

Summary 340

Supplemental Readings 341

Virtual Explorations 341

PART IV Human Evolution 343**13 Hominid Origins 345****Overview of Human Evolution 346****The First Hominids 348***Who Were the First Hominids?* 349*Primitive Hominids* 353*Later Hominids* 359

Evolutionary Trends	365
<i>Evolutionary Relationships</i>	366
SPECIAL TOPIC: The Piltown Hoax	367
<i>The Origin of Bipedalism</i>	370
Summary	375
Supplemental Readings	376
Virtual Explorations	376

14 *The Evolution of the Genus Homo* 379

The Origin of the Genus <i>Homo</i>	379
<i>Early Homo</i>	380
<i>Evolutionary Relationships</i>	384

<i>Homo erectus</i>	384
<i>Distribution in Time and Space</i>	384
<i>General Physical Characteristics</i>	387
<i>Cultural Behavior</i>	392

Archaic Humans	396
<i>Anagenesis or Cladogenesis?</i>	397
<i>Distribution in Time and Space</i>	398
<i>Early Archaics</i>	399

SPECIAL TOPIC: Neandertals: Names and Images	401
<i>The Neandertals</i>	404

Summary	409
Supplemental Readings	410
Virtual Explorations	411

15 *The Origin of Modern Humans* 413

Anatomically Modern <i>Homo sapiens</i>	413
<i>Distribution in Time and Space</i>	414
<i>Physical Characteristics</i>	416
<i>Cultural Behavior</i>	417

The Origin of Modern Humans	423
<i>Models</i>	423
<i>The Fossil Evidence</i>	425

SPECIAL TOPIC: The Iceman	429
<i>The Genetic Evidence</i>	429
<i>Consensus—Mostly Out of Africa?</i>	431
<i>Why Did Modern Humans Evolve?</i>	431

Recent Biological and Cultural Evolution
in *Homo sapiens* 434

Summary 436

Supplemental Readings 437

Virtual Explorations 438

16 Human Biology and Culture Change 441

The Biological Impact of Agriculture 442

Population Growth 442

Disease 445

The Biological Impact of Civilization 449

Urbanization and Disease 449

Culture Contact 450

Recent Changes 451

The Epidemiologic Transition 451

Secular Changes in Human Growth 456

Pollution and Human Biology 458

The Reemergence of Infectious Disease 459

Demographic Change 461

SPECIAL TOPIC: The Baby Boom 464

Summary 468

Supplemental Readings 469

Virtual Explorations 470

EPILOGUE *The Future of Our Species* 472

APPENDIX 1 *Mathematical Population Genetics* A-1

APPENDIX 2 *Classification of Living Primates* A-10

APPENDIX 3 *Conversion Factors* A-13

APPENDIX 4 *Comparative Primate Skeletal Anatomy* A-14

Glossary G-1

References R-1

Credits C-1

Index I-1