

# CONTENTS IN BRIEF

|                                           |        |
|-------------------------------------------|--------|
| Preface                                   | xvii   |
| To the Instructor                         | xx     |
| To the Student                            | xxiii  |
| Before You Begin—a Primer on Study Skills | xxviii |

## ● PART I INTRODUCTION

- 1 What Is Psychology? 2
- 2 Research Methods in Psychology 30
- 3 Biological Foundations of Behavior 52

## ● PART II AWARENESS

- 4 Sensation and Perception 104
- 5 States of Consciousness 156

## ● PART III LEARNING AND COGNITION

- 6 Basic Principles of Learning 194
- 7 Memory 234
- 8 Cognition, Language, and Intelligence 270

## ● PART IV THE LIFE SPAN

- 9 Developmental Psychology 320

## ● PART V THE SELF

- 10 Motivation and Emotion 368
- 11 Gender and Sexuality 408
- 12 Personality Theories and Assessment 458

## ● PART VI HEALTH AND ADJUSTMENT

- 13 Stress and Health 496
- 14 Abnormal Behavior 534
- 15 Therapies 568

## ● PART VII THE SOCIAL CONTEXT

- 16 Social Psychology 604
- 17 Psychology Applied to Business and Other Professions 642

|               |      |
|---------------|------|
| Appendix      | A-1  |
| Glossary      | G-1  |
| References    | R-1  |
| Credits       | C-1  |
| Name Index    | NI-1 |
| Subject Index | SI-1 |