

CONTENTS

Preface		vii
Chapter 1	Procyanidins: Structure and Occurrence <i>Andrea Bunea</i>	1
Chapter 2	Analysis of Proanthocyanidins: Extraction, Liquid Chromatography and Mass Spectrometry Methods <i>Raluca Maria Pop, Anca Dana Buzoianu and Veronica Sanda Chedea</i>	21
Chapter 3	Analysis of Highly Polymeric Proanthocyanidins from Seed Shells of Japanese Horse Chestnut and Their Health Benefits <i>Kazushige Yokota, Hideto Kimura, Satoshi Ogawa and Mitsuo Jisaka</i>	69
Chapter 4	Procyanidins-Bioavailability and Metabolization <i>Veronica Sanda Chedea and Raluca Maria Pop</i>	91
Chapter 5	Procyanidins and Their Effectiveness after Incorporation in Food Systems <i>Oana Lelia Pop and Dan Cristian Vodnar</i>	129
Chapter 6	Studies of Procyanidin Structure-Activity Relationship and Mechanisms on Cardiovascular Diseases <i>José M. Lorenzo, Paulo Eduardo S. Munekata and Rubén Domínguez</i>	149
Index		191