

Contents in Brief

INTRODUCTION

- 1 Invitation to Biology

UNIT I PRINCIPLES OF CELLULAR LIFE

- 2 Life's Chemical Basis
- 3 Molecules of Life
- 4 Cell Structure
- 5 Ground Rules of Metabolism
- 6 Where It Starts—Photosynthesis
- 7 How Cells Release Chemical Energy

UNIT II GENETICS

- 8 DNA Structure and Function
- 9 From DNA to Protein
- 10 Control of Gene Expression
- 11 How Cells Reproduce
- 12 Meiosis and Sexual Reproduction
- 13 Observing Patterns in Inherited Traits
- 14 Chromosomes and Human Inheritance
- 15 Studying and Manipulating Genomes

UNIT III PRINCIPLES OF EVOLUTION

- 16 Evidence of Evolution
- 17 Processes of Evolution
- 18 Organizing Information About Species
- 19 Life's Origin and Early Evolution

UNIT IV EVOLUTION AND BIODIVERSITY

- 20 Viruses, Bacteria, and Archaea
- 21 Protists—The Simplest Eukaryotes
- 22 The Land Plants
- 23 Fungi
- 24 Animal Evolution—The Invertebrates
- 25 Animal Evolution—The Chordates
- 26 Human Evolution



UNIT V HOW PLANTS WORK

- 27 Plant Tissues
- 28 Plant Nutrition and Transport
- 29 Life Cycles of Flowering Plants
- 30 Communication Strategies in Plants

UNIT VI HOW ANIMALS WORK

- 31 Animal Tissues and Organ Systems
- 32 Neural Control
- 33 Sensory Perception
- 34 Endocrine Control
- 35 Structural Support and Movement
- 36 Circulation
- 37 Immunity
- 38 Respiration
- 39 Digestion and Nutrition
- 40 Maintaining the Internal Environment
- 41 Animal Reproductive Systems
- 42 Animal Development
- 43 Animal Behavior

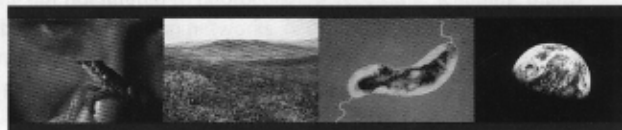
UNIT VII PRINCIPLES OF ECOLOGY

- 44 Population Ecology
- 45 Community Ecology
- 46 Ecosystems
- 47 The Biosphere
- 48 Human Impacts on the Biosphere

Detailed Contents

INTRODUCTION

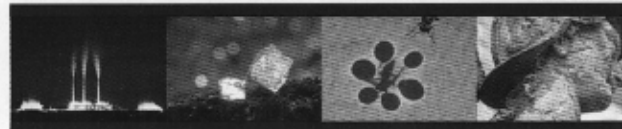
1 Invitation to Biology



- 1.1** The Secret Life of Earth 3
- 1.2** Life Is More Than the Sum of Its Parts 4
- 1.3** How Living Things Are Alike 6
 - Organisms Require Energy and Nutrients 6
 - Organisms Sense and Respond to Change 7
 - Organisms Use DNA 7
- 1.4** How Living Things Differ 8
- 1.5** Organizing Information About Species 10
 - A Rose by Any Other Name . . . 10
- 1.6** The Science of Nature 12
 - Thinking About Thinking 12
 - The Scientific Method 12
- 1.7** Examples of Experiments in Biology 14
 - Potato Chips and Stomachaches 14
 - Butterflies and Birds 14
- 1.8** Analyzing Experimental Results 16
 - Sampling Error 16
 - Bias in Interpreting Results 17
- 1.9** The Nature of Science 18
 - The Limits of Science 18
- The Secret Life of Earth (revisited) 19

UNIT I PRINCIPLES OF CELLULAR LIFE

2 Life's Chemical Basis



- 2.1** Mercury Rising 23
- 2.2** Start With Atoms 24
 - Isotopes and Radioisotopes 24

2.3 Why Electrons Matter 26

About Vacancies 27

2.4 Chemical Bonds: From Atoms to Molecules 28

Ionic Bonds 28

Covalent Bonds 28

2.5 Hydrogen Bonds and Water 30

Hydrogen Bonding in Water 30

Water's Special Properties 30

2.6 Acids and Bases 32

Mercury Rising (revisited) 33

3 Molecules of Life



3.1 Fear of Frying 37

3.2 Organic Molecules 38

Carbon: The Stuff of Life 38

Modeling Organic Molecules 38

3.3 Molecules of Life—From Structure to Function 40

Functional Groups 40

What Cells Do to Organic Compounds 40

3.4 Carbohydrates 42

Carbohydrates in Biological Systems 42

3.5 Lipids 44

Lipids in Biological Systems 44

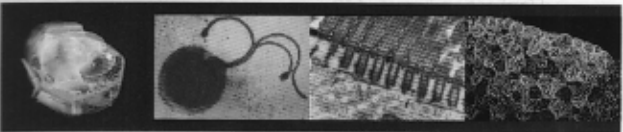
3.6 Proteins 46

3.7 Why Is Protein Structure So Important? 48

3.8 Nucleic Acids 49

Fear of Frying (revisited) 49

4 Cell Structure



4.1 Food for Thought 53

4.2 What Is a Cell 54

Cell Theory 54

Components of All Cells 54

Constraints on Cell Size 55

4.3 How Do We See Cells? 56

4.4 Introducing Prokaryotes 58

Biofilms 59

4.5 Introducing Eukaryotic Cells 60

4.6 The Nucleus 62

Chromatin 62

The Nuclear Envelope 62

The Nucleolus 63

4.7 The Endomembrane System 64

4.8 Mitochondria 66

4.9 Chloroplasts and Other Plastids 67

4.10 The Cytoskeleton 68

4.11 Cell Surface Specializations 70

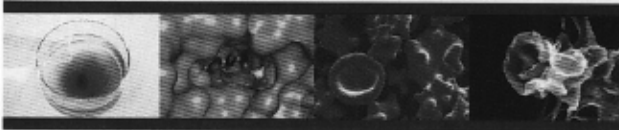
Cell Matrices 70

Cell Junctions 70

4.12 The Nature of Life 72

Food for Thought (revisited) 73

5 Ground Rules of Metabolism



5.1 A Toast to Alcohol Dehydrogenase 77

5.2 Energy in the World of Life 78

Energy Disperses 78

Energy's One-Way Flow 78

5.3 Energy in the Molecules of Life 80

Chemical Bond Energy 80

Why Earth Does Not Go Up in Flames 80

Energy In, Energy Out 81

5.4 How Enzymes Work 82

The Need for Speed 82

The Transition State 82

Enzyme Activity 83

Detailed Contents (continued)

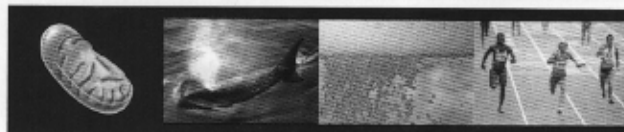
- 5.5 Metabolism—Organized, Enzyme-Mediated Reactions 84**
 - Controls Over Metabolism 84
 - Electron Transfers 84
 - 5.6 Cofactors in Metabolic Pathways 86**
 - ATP—A Special Coenzyme 86
 - 5.7 A Closer Look at Cell Membranes 88**
 - The Fluid Mosaic Model 88
 - Proteins Add Function 88
 - 5.8 Diffusion and Membranes 90**
 - Semipermeable Membranes 90
 - Turgor 91
 - 5.9 Membrane Transport Mechanisms 92**
 - Transport Protein Specificity 92
 - Facilitated Diffusion 92
 - Active Transport 93
 - 5.10 Membrane Trafficking 94**
 - Endocytosis and Exocytosis 94
 - Recycling Membrane 95
- A Toast to Alcohol Dehydrogenase (revisited) 96

6 Where It Starts—Photosynthesis



- 6.1 Biofuels 101**
- 6.2 Sunlight as an Energy Source 102**
 - Properties of Light 102
 - Pigments: The Rainbow Catchers 102
- 6.3 Exploring the Rainbow 104**
- 6.4 Overview of Photosynthesis 105**
- 6.5 Light-Dependent Reactions 106**
 - The Noncyclic Pathway 106
 - The Cyclic Pathway 107
- 6.6 The Light-Independent Reactions 108**
 - Energy Flow in Photosynthesis 108
 - Light-Independent Reactions 108
- 6.7 Adaptations: Alternative Carbon-Fixing Pathways 110**
 - Biofuels (revisited) 112

7 How Cells Release Chemical Energy



- 7.1 Risky Business 117**
- 7.2 Overview of Carbohydrate Breakdown Pathways 118**
- 7.3 Glycolysis—Sugar Breakdown Begins 120**
- 7.4 Second Stage of Aerobic Respiration 122**
 - Acetyl-CoA Formation 122
 - The Krebs Cycle 122
- 7.5 Aerobic Respiration's Big Energy Payoff 124**
- 7.6 Fermentation 126**
- 7.7 Alternative Energy Sources in Food 128**
 - Energy From Dietary Molecules 128
 - Risky Business (revisited) 129

UNIT II GENETICS

8 DNA Structure and Function



- 8.1 A Hero Dog's Golden Clones 133**
- 8.2 The Discovery of DNA's Function 134**
- 8.3 The Discovery of DNA's Structure 136**
 - Building Blocks of DNA 136
 - DNA's Base Sequence 137
- 8.4 Eukaryotic Chromosomes 138**
 - Chromosome Number and Type 139
- 8.5 DNA Replication 140**
- 8.6 Mutations: Cause and Effect 142**
 - Replication Errors 142
 - Agents of DNA Damage 142
 - Rosalind Franklin, X-Rays, and Cancer 143
- 8.7 Cloning Adult Animals 144**
 - A Hero Dog's Golden Clones (revisited) 145

9 From DNA to Protein



- 9.1 Ricin, RIP 149
- 9.2 DNA, RNA, and Gene Expression 150
 - DNA to RNA 150
 - RNA to Protein 150
- 9.3 Transcription: DNA to RNA 152
 - Post-Transcriptional Modifications 153
- 9.4 RNA and the Genetic Code 154
- 9.5 Translation: RNA to Protein 156
- 9.6 Mutated Genes and Their Protein Products 158
 - Ricin, RIP (revisited) 160

10 Control of Gene Expression

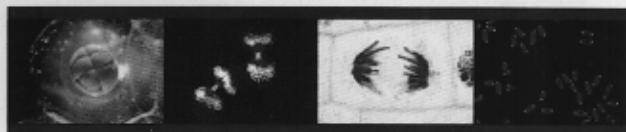


- 10.1 Between You and Eternity 163
- 10.2 Switching Genes On and Off 164
 - Gene Expression Control 164
- 10.3 Master Genes 166
 - Homeotic Genes 166
- 10.4 Examples of Gene Control in Eukaryotes 168
 - X Marks the Spot 168
 - Male Sex Determination in Humans 168
 - Flower Formation 169
- 10.5 Examples of Gene Control in Prokaryotes 170
 - The *lac* Operon 170
 - Lactose Intolerance 171
 - Riboswitches 171
- 10.6 Epigenetics 172
 - Between You and Eternity (revisited) 173



Detailed Contents (continued)

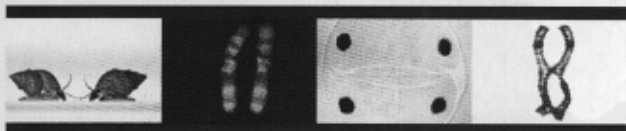
11 How Cells Reproduce



- 11.1** Henrietta's Immortal Cells 177
- 11.2** Multiplication by Division 178
 - Controls Over the Cell Cycle 179
- 11.3** A Closer Look at Mitosis 180
- 11.4** Cytokinesis: Division of Cytoplasm 182
- 11.5** Marking Time With Telomeres 183
- 11.6** When Mitosis Becomes Pathological 184
 - Cancer 184

Henrietta's Immortal Cells (revisited) 186

12 Meiosis and Sexual Reproduction



- 12.1** Why Sex? 189
- 12.2** Meiosis in Sexual Reproduction 190
 - Introducing Alleles 190
 - Meiosis Halves the Chromosome Number 190
 - Fertilization Restores Chromosome Number 191
- 12.3** Visual Tour of Meiosis 192
- 12.4** How Meiosis Introduces Variations in Traits 194
 - Crossing Over 194
 - Chromosome Segregation 194
- 12.5** Mitosis and Meiosis—An Ancestral Connection? 196
 - Why Sex? (revisited) 197

13 Observing Patterns in Inherited Traits



- 13.1** Menacing Mucus 201

13.2 Mendel, Pea Plants, and Inheritance Patterns 202

- Mendel's Experiments 202
- Inheritance in Modern Terms 202

13.3 Mendel's Law of Segregation 204

13.4 Mendel's Law of Independent Assortment 206

- The Contribution of Crossovers 206

13.5 Beyond Simple Dominance 208

- Codominance 208
- Incomplete Dominance 208
- Epistasis 209
- Pleiotropy 209

13.6 Nature and Nurture 210

- Some Environmental Effects 210

13.7 Complex Variation in Traits 212

- Continuous Variation 212

Menacing Mucus (revisited) 213

14 Chromosomes and Human Inheritance



- 14.1** Shades of Skin 217
- 14.2** Human Chromosomes 218
 - Types of Genetic Variation 218
- 14.3** Examples of Autosomal Inheritance Patterns 220
 - The Autosomal Dominant Pattern 220
 - The Autosomal Recessive Pattern 221
- 14.4** Examples of X-Linked Inheritance Patterns 222
 - The X-Linked Recessive Pattern 222
- 14.5** Heritable Changes in Chromosome Structure 224
 - Types of Chromosomal Change 224
 - Chromosome Changes in Evolution 225
- 14.6** Heritable Changes in Chromosome Number 226
 - Autosomal Aneuploidy and Down Syndrome 226
 - Sex Chromosome Aneuploidy 226
- 14.7** Genetic Screening 228
 - Shades of Skin (revisited) 229

15 Studying and Manipulating Genomes



- 15.1** Personal Genetic Testing 233
- 15.2** Cloning DNA 234
 - Cut and Paste 234
 - cDNA Cloning 235
- 15.3** Isolating Genes 236
 - DNA Libraries 236
 - PCR 236
- 15.4** DNA Sequencing 238
 - The Human Genome Project 239
- 15.5** Genomics 240
 - DNA Profiling 240
- 15.6** Genetic Engineering 242
- 15.7** Designer Plants 242
- 15.8** Biotech Barnyards 244
 - Knockouts and Organ Factories 245
- 15.9** Safety Issues 245
- 15.10** Genetically Modified Humans 246
 - Gene Therapy 246
 - Eugenics 247
 - Personal Genetic Testing (revisited) 247

UNIT III PRINCIPLES OF EVOLUTION

16 Evidence of Evolution



- 16.1** Reflections of a Distant Past 251
- 16.2** Early Beliefs, Confounding Discoveries 252
- 16.3** A Flurry of New Theories 254
 - Squeezing New Evidence Into Old Beliefs 254
 - Darwin and the HMS Beagle 254

- 16.4** Darwin, Wallace, and Natural Selection 256
 - A Key Insight—Variation in Traits 256
 - Great Minds Think Alike 257
- 16.5** Fossils: Evidence of Ancient Life 258
 - The Fossil Record 259
- 16.6** Filling In Pieces of the Puzzle 260
 - Radiometric Dating 260
 - Missing Links 261
- 16.7** Drifting Continents, Changing Seas 262
- 16.8** Putting Time Into Perspective 264
 - Reflections of a Distant Past (revisited) 266

17 Processes of Evolution



- 17.1** Superbug Farms 269
- 17.2** Individuals Don't Evolve, Populations Do 270
 - Alleles in Populations 270
 - An Evolutionary View of Mutations 270
 - Allele Frequencies 271
- 17.3** Genetic Equilibrium 272
 - Applying the Hardy-Weinberg Law 272
 - Real-World Situations 273
- 17.4** Patterns of Natural Selection 273
- 17.5** Directional Selection 274
 - Examples of Directional Selection 274
- 17.6** Stabilizing and Disruptive Selection 276
 - Stabilizing Selection 276
 - Disruptive Selection 277
- 17.7** Fostering Diversity 278
 - Survival of the Sexiest 278
 - Maintaining Multiple Alleles 278
- 17.8** Genetic Drift and Gene Flow 280
 - Genetic Drift 280
 - Bottlenecks and the Founder Effect 280
 - Gene Flow 281
- 17.9** Reproductive Isolation 282

Detailed Contents (continued)

- 17.10** Allopatric Speciation 284
Speciation in Archipelagos 284

- 17.11** Other Speciation Models 286
Sympatric Speciation 286
Parapatric Speciation 287

- 17.12** Macroevolution 288
Evolutionary Theory 289
Superbug Farms (revisited) 289

18 Organizing Information About Species



- 18.1** Bye Bye Birdie 293
- 18.2** Phylogeny 294
Cladistics 295
- 18.3** Comparing Form and Function 296
Morphological Divergence 296
Morphological Convergence 296
- 18.4** Comparing Biochemistry 298
DNA and Protein Sequence Comparisons 298
- 18.5** Comparing Patterns of Animal Development 300
- 18.6** Applications of Phylogeny Research 301
Conservation Biology 301
Medical Research 301
Bye Bye Birdie (revisited) 302

19 Life's Origin and Early Evolution



- 19.1** Looking for Life 305
- 19.2** The Early Earth 306
Origin of the Universe and Earth 306
Conditions on the Early Earth 306
- 19.3** Organic Monomers Form 307
Organic Molecules From Inorganic Precursors 307
Sources of Life's First Building Blocks 307

- 19.4** From Polymers to Protocells 308
Properties of Cells 308
Origin of Metabolism 308
Origin of the Genome 308
Origin of the Plasma Membrane 309

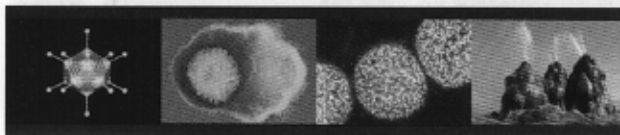
- 19.5** Life's Early Evolution 310
The Common Ancestor of All Life 310
Looking for Evidence of Early Life 310
The Oldest Fossil Cells 310
Changes in the Air 311
Rise of the Eukaryotes 311

- 19.6** Origin and Evolution of Eukaryotes 312
Origin of the Nucleus 312
Origin of Mitochondria and Chloroplasts 312
Eukaryotic Divergence 313

- 19.7** Time Line for Life's Origin and Evolution 314
Looking for Life (revisited) 316

UNIT IV EVOLUTION AND BIODIVERSITY

20 Viruses, Bacteria, and Archaea



- 20.1** Evolution of a Disease 319
- 20.2** Viruses and Viroids 320
Viral Structure 320
Origin and Ecological Role of Viruses 321
Viroids 321
- 20.3** Viral Replication 322
Overview of Viral Replication 322
Bacteriophage Replication 322
Replication of HIV 322
- 20.4** Viruses as Human Pathogens 324
The Threat of Infectious Disease 324
Common Viral Diseases 324
Emerging Viral Diseases 324
Viral Mutation and Reassortment 324
- 20.5** Shared Traits of Prokaryotes 326
Structural Traits 326
Reproduction and Gene Transfers 326

20.6 Factors in the Success of Prokaryotes 328

- Diverse Modes of Nutrition 328
- Aerobes and Anaerobes 328
- Dormant Resting Structures 328
- Investigating Species Diversity 329

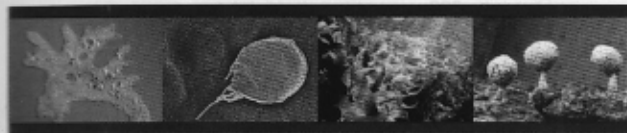
20.7 A Sample of Bacterial Diversity 330

- Heat Lovers 330
- Oxygen-Producing Cyanobacteria 330
- Highly Diverse Proteobacteria 330
- Thick-Walled, Gram-Positive Bacteria 331
- The Tiny Spirochetes and Chlamydias 331

20.8 Archaea 332

- Discovery of the Third Domain 332
- Here, There, Everywhere 332
- Evolution of a Disease (revisited) 333

21 Protists—The Simplest Eukaryotes



21.1 Malaria: From Tutankhamun to Today 337

21.2 A Collection of Lineages 338

- Classification and Phylogeny 338
- Cells, Colonies, and Multicellular Organisms 338
- Modes of Nutrition 338
- Diverse Life Cycles 339

21.3 Flagellated Protozoans 340

- Anaerobic Flagellates 340
- Trypanosomes and Other Kinetoplastids 341
- Euglenoids 341

21.4 Foraminifera and Radiolarians 342

21.5 Ciliates 343

21.6 Dinoflagellates 344

21.7 Apicomplexans 345

21.8 Stramenopiles 346

- Diatoms 346
- Brown Algae 347
- Water Molds 347



Detailed Contents (continued)

21.9 Red Algae and Green Algae 348

Red Algae 348

Green Algae 348

21.10 Amoebozoans and Choanoflagellates 350

Amoebozoans 350

Choanoflagellates 351

Malaria: From Tutankhamun to Today (revisited) 351

22 The Land Plants



22.1 Saving Seeds 355

22.2 Plant Ancestry and Diversity 356

From Algal Ancestors to Embryophytes 356

An Adaptive Radiation on Land 356

22.3 Evolutionary Trends Among Plants 358

From Haploid to Diploid Dominance 358

Structural Adaptations 358

Pollen and Seeds 359

22.4 Bryophytes 360

Mosses 360

Liverworts 361

Hornworts 361

22.5 Seedless Vascular Plants 362

Club Mosses 362

Whisk Ferns and Horsetails 362

Ferns 362

22.6 History of the Vascular Plants 364

From Tiny Branchers to Coal Forests 364

Rise of the Seed Plants 364

22.7 Gymnosperms 366

Conifers 366

Lesser-Known Lineages 367

22.8 Angiosperms—The Flowering Plants 368

The Angiosperm Life Cycle 369

Factors Contributing to Angiosperm Success 369

22.9 Angiosperm Diversity and Importance 370

Angiosperm Lineages 370

Ecological and Economic Importance 370

Saving Seeds (revisited) 371

23 Fungi



23.1 High-Flying Fungi 375

23.2 Fungal Traits and Classification 376

Structure and Function 376

Life Cycles 377

23.3 Flagellated Fungi 377

23.4 Zygote Fungi and Related Groups 378

Zygote Fungi 378

Microsporidia—Intracellular Parasites 379

Glomeromycetes—Partners of Plants 379

23.5 Sac Fungi—Ascomycetes 380

Life Cycles 380

Diversity 380

Human Uses of Sac Fungi 380

23.6 Club Fungi—Basidiomycetes 382

Life Cycle 382

Ecology 382

23.7 Ecological Roles of Fungi 384

Fungi as Decomposers 384

Fungal Partnerships 384

Fungal Parasites and Pathogens 385

High-Flying Fungi (revisited) 385

24 Animal Evolution—The Invertebrates



24.1 Medicines From the Sea 389

24.2 Animal Traits and Body Plans 390

What Is an Animal? 390

Variation in Animal Body Plans 390

24.3 Animal Origins and Adaptive Radiation 392

Colonial Origins 392

Early Animals 392

The Cambrian Explosion 392

24.4 Sponges 393

- 24.5 Cnidarians—Predators With Stinging Cells 394**
 Body Plans 394
 Diversity and Life Cycles 394
- 24.6 Flatworms—Simple Organ Systems 396**
 Free-Living Flatworms 396
 Parasitic Flatworms 397
- 24.7 Annelids—Segmented Worms 398**
 The Marine Polychaetes 398
 Leeches—Bloodsuckers and Others 398
 The Earthworm—An Oligochaete 398
- 24.8 Mollusks—Animals With a Mantle 400**
 General Characteristics 400
 Mollusk Diversity 400
- 24.9 Rotifers and Tardigrades—Tiny and Tough 402**
- 24.10 Roundworms—Unsegmented Worms That Molt 403**
- 24.11 Arthropods—Molting Animals With Jointed Legs 404**
 Key Arthropod Adaptations 404
- 24.12 Chelicerates—Spiders and Their Relatives 405**
- 24.13 Myriapods 406**
- 24.14 Crustaceans 406**
- 24.15 Insects—Diverse and Abundant 408**
 Characteristic Features 408
 The Importance of Insects 408
- 24.16 The Spiny-Skinned Echinoderms 410**
 The Protostome–Deuterostome Split 410
 Echinoderm Characteristics and Body Plan 410
 Echinoderm Diversity 410
- Medicines From the Sea (revisited) 411

25 Animal Evolution—The Chordates



- 25.1 Very Early Birds 415**
- 25.2 Chordate Traits and Evolutionary Trends 416**
 Chordate Characteristics 416
 Invertebrate Chordates 416
 Overview of Chordate Evolution 416
- 25.3 Jawless Fishes 418**
- 25.4 Evolution of Jawed Fishes 419**

- 25.5 Modern Jawed Fishes 420**
 Cartilaginous Fishes 420
 Bony Fishes 420
- 25.6 Amphibians—First Tetrapods on Land 422**
 Adapting to Life on Land 422
 Modern Amphibians 422
 Declining Diversity 423
- 25.7 The Amniote Evolution 424**
- 25.8 Nonbird Reptiles 425**
- 25.9 Birds—The Feathered Ones 426**
 General Characteristics 426
 Avian Diversity 427
- 25.10 Mammals—Milk Makers 428**
 Mammalian Traits 428
 Mammalian Origins and Diversification 428
- 25.11 Modern Mammalian Diversity 430**
 Egg-Laying Monotremes 430
 Marsupials 430
 Placental Mammals 430
- Very Early Birds (revisited) 431

26 Human Evolution



- 26.1 A Bit of a Neanderthal 435**
- 26.2 Primates: Our Order 436**
 Primate Characteristics 436
 Origins and Early Branchings 436
- 26.3 The Apes 438**
 Hominoid Origins and Divergences 438
 Modern Apes 438
 A Human–Ape Comparison 439
- 26.4 Rise of the Hominins 440**
 Early Proposed Hominins 440
 Australopiths 440
 Factors Favoring Bipedalism 441
- 26.5 Early Humans 442**
 Classifying Fossils—Lumpers and Splitters 442
Homo habilis 442
Homo erectus 442
 Early Culture 442

Detailed Contents (continued)

- 26.6** Recent Human Lineages 444
Origin and Dispersal of *Homo Sapiens* 444
Other Recent *Homo* Species 444
A Bit of a Neanderthal (revisited) 445

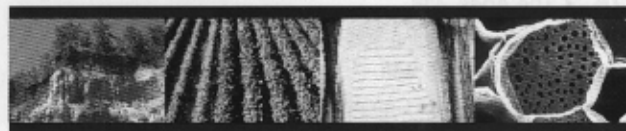
UNIT V HOW PLANTS WORK

27 Plant Tissues



- 27.1** Carbon Sequestration 449
27.2 The Plant Body 450
27.3 Plant Tissues 452
27.4 Stems 454
Internal Structure 454
Variations on a Stem 454
27.5 Leaves 456
Internal Structure 456
27.6 Roots 458
Internal Structure 458
27.7 Primary Growth 460
Primary Growth in Shoots 460
Primary Growth in Roots 461
27.8 Secondary Growth 462
27.9 Tree Rings and Old Secrets 464
Carbon Sequestration (revisited) 465

28 Plant Nutrition and Transport



- 28.1** Leafy Cleanup 469
28.2 Plant Nutrients and Availability in Soil 470
Properties of Soil 470
How Soils Change 471
28.3 Roots Adaptations for Nutrient Uptake 472
The Function of Endodermis 472
Mutualisms 473

- 28.4** Water Movement Inside Plants 474
Cohesion-Tension Theory 474

- 28.5** Water-Conserving Adaptations of Stems and Leaves 476
How Stomata Work 476

- 28.6** Movement of Organic Compounds in Plants 478
Leafy Cleanup (revisited) 479

29 Life Cycles of Flowering Plants



- 29.1** Plight of the Honeybee 483
29.2 Reproductive Structures 484
Diversity of Floral Structure 485
29.3 Flowers and Their Pollinators 486
29.4 A New Generation Begins 488
29.5 Flower Sex 490
29.6 Seed Formation 491
29.7 Fruits 492
29.8 Early Development 494
Breaking Dormancy 494
After Germination 494
29.9 Asexual Reproduction of Flowering Plants 496
Agricultural Applications 496
Plight of the Honeybee (revisited) 497

30 Communication Strategies in Plants



- 30.1** Prescription: Chocolate 501
30.2 Introduction to Plant Hormones 502
Chemical Signaling in Plants 502
30.3 Auxin: The Master Growth Hormone 504
Polar Transport 504
30.4 Cytokinin 506

30.5 Gibberellin 507

30.6 Absciscic Acid 508

30.7 Ethylene 509

30.8 Tropisms 510

30.9 Sensing Recurring Environmental Change 512

Daily Change 512

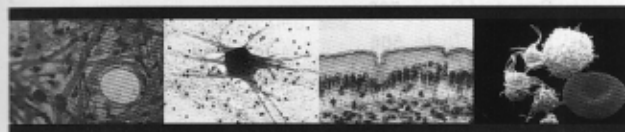
Seasonal Change 512

30.10 Responses to Stress 514

Prescription: Chocolate (revisited) 515

UNIT VI HOW ANIMALS WORK

31 Animal Tissues and Organ Systems



31.1 Stem Cells—It's All About Potential 519

31.2 Organization of Animal Bodies 520

Levels of Organization 520

The Internal Environment 520

Evolution of Animal Structure 521

31.3 Epithelial Tissue 522

General Characteristics 522

Variations in Structure and Function 522

Epithelial Cell Secretions 523

Carcinomas—Epithelial Cell Cancers 523

31.4 Connective Tissues 524

General Characteristics 524

Types of Connective Tissue 524

31.5 Muscle Tissues 526

Skeletal Muscle Tissue 526

Cardiac Muscle Tissue 526

Smooth Muscle Tissue 526

31.6 Nervous Tissue 527

31.7 Organ Systems 528

31.8 Human Integumentary System 530

Structure of Human Skin 530

Evolution and Human Skin 531

31.9 Negative Feedback in Homeostasis 532

Stem Cells—It's All About Potential (revisited) 533



Detailed Contents (continued)

32 Neural Control



- 32.1 Impacts of Concussions** 537
- 32.2 Evolution of Nervous Systems** 538
 - Nerve Net 538
 - Getting a Head 538
 - The Vertebrate Nervous System 539
- 32.3 Neurons—The Great Communicators** 540
- 32.4 Membrane Potential** 541
- 32.5 The Action Potential** 542
 - Graded Potentials and Reaching Threshold 542
 - An All-or-Nothing Spike 542
 - Propagation of an Action Potential 543
- 32.6 How Neurons Send Messages to Other Cells** 544
 - The Synapse 544
 - Cleaning the Cleft 544
 - Synaptic Integration 545
- 32.7 Neurons' Chemical Signals** 546
 - Chemically Disrupting Signaling 547
- 32.8 The Peripheral Nervous System** 548
 - Nerve Structure 548
 - Functional Divisions 548
- 32.9 The Spinal Cord** 550
 - An Information Highway 550
 - Reflex Pathways 550
 - Interrupted Spinal Signaling 550
- 32.10 The Vertebrate Brain** 552
 - Brain Development and Evolution 552
 - Ventricles and the Blood–Brain Barrier 552
 - The Human Brain 552
- 32.11 The Human Cerebral Cortex** 554
- 32.12 Emotion and Memory** 555
 - The Emotional Brain 555
 - Making Memories 555
- 32.13 Neuroglia—The Neurons' Support Staff** 556
 - Types and Functions of Neuroglia 556
 - Brain Tumors 556
- Impacts of Concussions (revisited) 557

33 Sensory Perception



- 33.1 Bionic Senses** 561
- 33.2 Overview of Sensory Pathways** 562
 - Sensory Diversity 562
 - From Sensing to Sensation to Perception 563
- 33.3 Somatic and Visceral Sensations** 564
 - The Somatosensory Cortex 564
 - Pain 564
- 33.4 Chemical Senses** 566
 - Sense of Smell 566
 - Sense of Taste 566
 - Pheromones—Chemical Messages 567
- 33.5 Diversity of Visual Systems** 568
 - Requirements for Vision 568
- 33.6 A Closer Look at the Human Eye** 570
 - Anatomy of the Eye 570
 - Focusing Mechanisms 571
- 33.7 Light Reception and Visual Processing** 572
- 33.8 Visual Disorders** 573
- 33.9 Vertebrate Hearing** 574
 - Properties of Sound 574
 - The Vertebrate Ear 574
- 33.10 Organs of Equilibrium** 576
 - Bionic Senses (revisited) 577

34 Endocrine Control



- 34.1 Hormones in the Balance** 581
- 34.2 The Vertebrate Endocrine System** 582
 - Mechanisms of Intercellular Signaling 582
 - Discovery of Hormones 582
 - Neuroendocrine Interactions 582

34.3 The Nature of Hormone Action 584

Categories of Hormones 584

Receptor Function and Diversity 584

34.4 The Hypothalamus and Pituitary Gland 586

Posterior Pituitary Function 586

Anterior Pituitary Function 586

34.5 Growth Hormone Function and Disorders 588

34.6 Sources and Effects of Other Vertebrate Hormones 589

34.7 Thyroid and Parathyroid Glands 590

Feedback Control of Thyroid Function 590

Thyroid Disorders 590

Thyroid Disruptors 590

The Parathyroid Glands 591

34.8 Pancreatic Hormones 592

Regulation of Blood Sugar 592

Diabetes 592

34.9 The Adrenal Glands 594

The Adrenal Cortex 594

The Adrenal Medulla 594

Stress, Elevated Cortisol, and Health 594

Cortisol Deficiency 595

34.10 The Gonads 596

34.11 The Pineal Gland 597

34.12 The Thymus 598

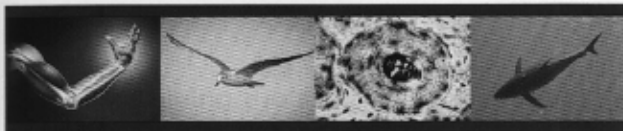
34.13 Invertebrate Hormones 598

Evolution of Hormone Diversity 598

Hormones and Molting 598

Hormones in the Balance (revisited) 599

35 Structural Support and Movement



35.1 Muscles and Myostatin 603

35.2 Animal Movement 604

35.3 The Vertebrate Endoskeleton 606

Invertebrate Skeletons 606

The Vertebrate Endoskeleton 606

Fluid Regulation in Invertebrates 708

Fluid Regulation in Vertebrates 709

35.4 Bone Structure and Function 608

Bone Anatomy 608

Bone Formation and Remodeling 608

Where Bones Meet 608

35.5 Bone and Joint Health 610

35.6 Skeletal Muscle Function 611

35.7 How Muscle Contracts 612

Structure of Skeletal Muscle 612

The Sliding-Filament Model 612

35.8 Nervous Control of Muscle Contraction 614

Nervous Control of Contraction 614

Motor Units and Muscle Tension 614

Disrupted Control of Skeletal Muscle 615

35.9 Muscle Metabolism 616

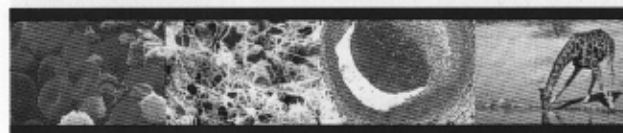
Energy-Releasing Pathways 616

Types of Muscle Fibers 616

Effects of Exercise and Inactivity 617

Muscles and Myostatin (revisited) 617

36 Circulation



36.1 A Shocking Save 621

36.2 Circulatory Systems 622

Open and Closed Circulatory Systems 622

Evolution of Vertebrate Circulation 622

36.3 Human Cardiovascular System 624

The Pulmonary Circuit 624

The Systemic Circuit 624

36.4 The Human Heart 626

The Cardiac Cycle 626

Setting the Pace for Contraction 627

36.5 Vertebrate Blood 628

Plasma 628

Cellular Components 628

36.6 Arteries and Arterioles 630

Rapid Transport in Arteries 630

Adjusting Flow at Arterioles 630

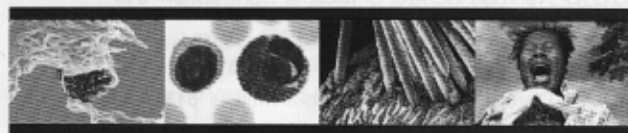
36.7 Blood Pressure 631

36.8 Exchanges at Capillaries 632

Detailed Contents (continued)

- 36.9** Back to the Heart 633
- 36.10** Blood and Cardiovascular Disorders 634
 Altered Blood Cell Count 634
 Cardiovascular Disease 634
- 36.11** Interactions With the Lymphatic System 636
 Lymphoid Vascular System 636
 Lymphoid Organs and Tissues 637
- A Shocking Save (revisited) 637

37 Immunity



- 37.1** Frankie's Last Wish 641
- 37.2** Integrated Responses to Threats 642
 Three Lines of Defense 642
 The Defenders 643
- 37.3** Surface Barriers 644
 Normal Flora 644
 Barriers to Infection 645
- 37.4** Triggering Innate Defenses 646
 Complement 646
 Phagocytic Leukocytes 647
- 37.5** Inflammation and Fever 648
 Inflammation 648
 Fever 649
- 37.6** Antigen Receptors 650
 Antigen Receptor Diversity 651
- 37.7** Overview of Adaptive Immunity 652
 Two Arms of Adaptive Immunity 652
 Antigen Processing 652
- 37.8** The Antibody-Mediated Immune Response 654
 Antibodies and ABO Blood Typing 655
- 37.9** The Cell-Mediated Immune Response 656
 Cytotoxic T Cells: Activation and Action 656
 The Role of Natural Killer (NK) Cells 657
- 37.10** When Immunity Goes Wrong 658
 Allergies 658
 Overly Vigorous Responses 658
 Autoimmune Disorders 659
 Immunodeficiency 659

- 37.11** HIV and AIDS 660
 HIV Revisited 660

- 37.12** Vaccines 662
 Progress on an HIV Vaccine 663
- Frankie's Last Wish (revisited) 663

38 Respiration



- 38.1** Carbon Monoxide—A Stealthy Poison 667
- 38.2** The Nature of Respiration 668
 Gas Exchanges 668
 Factors Affecting Gas Exchange 668
 Respiratory Medium—Air or Water? 669
- 38.3** Invertebrate Respiration 670
 Respiration in Damp or Aquatic Habitats 670
 Respiratory Adaptations to Life on Land 670
- 38.4** Vertebrate Respiration 672
 Respiration in Fishes 672
 Evolution of Paired Lungs 672
- 38.5** Human Respiratory System 674
 From Airways to Alveoli 674
- 38.6** How We Breathe 676
 The Respiratory Cycle 676
 Respiratory Volumes 676
 Control of Breathing 676
 Choking—A Blocked Airway 677
- 38.7** Gas Exchange and Transport 678
 The Respiratory Membrane 678
 Oxygen Transport 678
 Carbon Dioxide Transport 679
- 38.8** Respiratory Adaptations 680
 High Climbers 680
 Deep-Sea Divers 681
- 38.9** Respiratory Diseases and Disorders 682
 Interrupted Breathing 682
 Lung Diseases and Disorders 682
 Smoking's Impact 683
- Carbon Monoxide—A Stealthy Poison (revisited) 683

39 Digestion and Nutrition



39.1 Your Microbial "Organ" 687

39.2 Animal Digestive Systems 688

Food Processing Tasks 688

Sac or Tube? 688

39.3 Overview of the Human Digestive System 690

39.4 Chewing and Swallowing 691

39.5 Food Storage and Digestion in the Stomach 692

39.6 Structure of the Small Intestine 693

39.7 Digestion and Absorption in the Small Intestine 694

Carbohydrate Digestion and Absorption 694

Protein Digestion and Absorption 694

Fat Digestion and Absorption 694

Water Absorption 695

39.8 The Large Intestine 696

39.9 Metabolism of Absorbed Organic Compounds 697

39.10 Vitamins, Minerals, and Phytochemicals 698

39.11 What Should You Eat? 700

Fruits, Vegetables, and Whole Grains 700

Heart-Healthy Oils 700

Lean Meat and Low-Fat Dairy 701

Minimal Added Salt and Sugar 701

39.12 Maintaining a Healthy Weight 702

What Is a Healthy Weight? 702

Why Is Obesity Unhealthy? 702

Causes of Obesity 703

Your Microbial "Organ" (revisited) 703

40 Maintaining the Internal Environment



40.1 Truth in a Test Tube 707

40.2 Regulating Fluid Volume and Composition 708

Fluid Regulation in Invertebrates 708

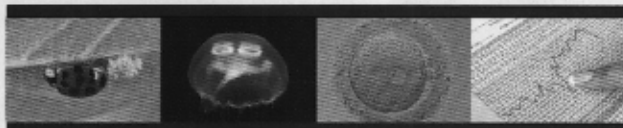
Fluid Regulation in Vertebrates 709



Detailed Contents (continued)

- 40.3 The Human Urinary System 710**
 - Organs of the Urinary System 710
 - Tubular Structure of the Kidneys 710
 - Blood Vessels of the Kidneys 711
- 40.4 How Urine Forms 712**
 - Glomerular Filtration 712
 - Tubular Reabsorption 712
 - Tubular Secretion 712
 - Concentrating the Filtrate 712
- 40.5 Fluid Homeostasis 714**
 - Fluid Volume and Tonicity 714
 - Acid-Base Balance 715
- 40.6 When Kidneys Fail 716**
 - Causes of Kidney Failure 716
 - Treating Kidney Failure 716
- 40.7 Heat Gains and Losses 717**
 - How the Core Temperature Can Change 717
 - Modes of Thermoregulation 717
- 40.8 Adaptations to Heat or Cold 718**
 - Responses to Cold 718
 - Responses to Heat 718
 - Climate-Related Adaptations in Humans 718
- Truth in a Test Tube (revisited) 719

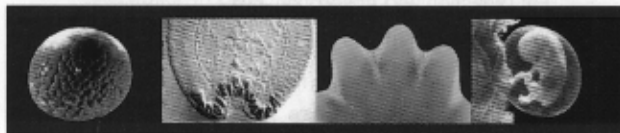
41 Animal Reproductive Systems



- 41.1 Assisted Reproduction 723**
- 41.2 Modes of Animal Reproduction 724**
 - Asexual Versus Sexual Reproduction 724
 - Variations on Sexual Reproduction 724
- 41.3 Organs of Sexual Reproduction 726**
 - Gonads, Ducts, and Glands 726
 - How Gametes Form 726
- 41.4 Reproductive System of Human Females 728**
 - The Female Gonads 728
 - Reproductive Ducts and Accessory Glands 728
 - Egg Production and Release 729
- 41.5 Female Reproductive Cycles 730**
 - The Menstrual Cycle 730
 - The Estrous Cycle 731

- 41.6 Reproductive System of Human Males 732**
 - Male Gonads 732
 - Reproductive Ducts and Accessory Glands 732
 - Germ Cells to Sperm Cells 733
- 41.7 Bringing Gametes Together 734**
 - Sexual Intercourse 734
 - The Sperm's Journey 734
 - Fertilization 734
- 41.8 Contraception and Infertility 736**
 - Birth Control Options 736
 - Infertility 737
- 41.9 Sexually Transmitted Diseases 738**
 - Trichomoniasis 738
 - Bacterial STDs 738
 - Viral STDs 739
- Assisted Reproduction (revisited) 739

42 Animal Development



- 42.1 Prenatal Problems 743**
- 42.2 Stages of Development 744**
- 42.3 From Zygote to Gastrula 746**
 - Components of Eggs and Sperm 746
 - Cleavage—The Start of Multicellularity 746
 - Gastrulation 747
- 42.4 How Specialized Tissues and Organs Form 748**
 - Cell Differentiation 748
 - Responses to Morphogens 748
 - Embryonic Induction 748
 - Apoptosis 749
 - Cell Migrations 749
- 42.5 An Evolutionary View of Development 750**
 - A General Model for Animal Development 750
 - Developmental Constraints and Modifications 750
- 42.6 Overview of Human Development 751**
- 42.7 Early Human Development 752**
- 42.8 Emergence of Distinctly Human Features 754**
- 42.9 Structure and Function of the Placenta 756**

42.10 Labor and Childbirth 757

42.11 Milk: Nourishment and Protection 758

Prenatal Problems (revisited) 759

43 Animal Behavior



43.1 Can You Hear Me Now? 763

43.2 Behavioral Genetics 764

Genetic Variation Within a Species 764

Genetic Variation Among Species 764

Human Behavior Genetics 765

43.3 Instinct and Learning 766

Instinctive Behavior 766

Time-Sensitive Learning 766

Conditioned Responses 767

Other Types of Learned Behavior 767

43.4 Environmental Effects on Behavioral Traits 768

Behavioral Plasticity 768

Epigenetic Effects 768

43.5 Movements and Navigation 769

Taxis and Kinesis 769

Migration 769

43.6 Communication Signals 770

Evolution of Animal Communication 770

Types of Signals 770

Eavesdroppers and

Counterfeiters 771

43.7 Mates, Offspring, and Reproductive Success 772

Mating Systems 772

Parental Care 773

43.8 Group Living 774

Benefits of Grouping 774

Costs of Grouping 775

43.9 Why Sacrifice Yourself? 776

Eusocial Insects 776

Eusocial Mole Rats 776

Evolution of Altruism 776

Can You Hear Me Now? (revisited) 777

UNIT VII PRINCIPLES OF ECOLOGY

44 Population Ecology



44.1 A Honking Mess 781

44.2 Population Demographics 782

Population Size 782

Population Density and Distribution 782

Age Structure 783

Effects of Scale and Timing 783

44.3 Population Size and Exponential Growth 784

Immigration and Emigration 784

Zero to Exponential Growth 784

Biotic Potential 785

44.4 Limits on Population Growth 786

Density-Dependent Factors 786

Logistic Growth 786

Density-Independent Factors 787

44.5 Life History Patterns 788

Quantifying Life History Traits 788

Environmental Effects on Life History 788

44.6 Effects of Predation on Life History 790

A Long-Term Study of Guppies 790

Overfishing of Atlantic Cod 791

44.7 Human Population Growth 792

Early Innovations and Expansions 792

From the Industrial Revolution Onward 792

44.8 Anticipated Growth and Consumption 794

Fertility and Age Structure 794

The Demographic Transition 794

Resource Consumption 795

A Honking Mess (revisited) 796

45 Community Ecology



45.1 Fighting Foreign Fire Ants 799

45.2 What Factors Shape Community Structure? 800

Detailed Contents (continued)

45.3 Mutualism 801

45.4 Competitive Interactions 802

Effects of Competition 802

Resource Partitioning 803

45.5 Predator–Prey Interactions 804

Models for Predator–Prey Interactions 804

Cyclic Changes in Abundance 804

45.6 Evolutionary Arms Races 806

Coevolution of Predators and Prey 806

Coevolution of Herbivores and Plants 807

45.7 Parasites and Parasitoids 808

Parasitism 808

Brood Parasites—Strangers in the Nest 808

Parasitoids 809

Biological Pest Controls 809

45.8 Ecological Succession 810

Successional Change 810

Factors That Influence Succession 810

45.9 Species Introduction, Loss, and Other Disturbances 812

The Role of Keystone Species 812

Adapting to Disturbance 812

Species Introductions 813

45.10 Biogeographic Patterns in Community Structure 814

Latitudinal Patterns 814

Island Patterns 814

Fighting Foreign Fire Ants (revisited) 815

46 Ecosystems



46.1 Too Much of a Good Thing 819

46.2 The Nature of Ecosystems 820

Overview of the Participants 820

Trophic Structure of Ecosystems 820

46.3 The Nature of Food Webs 822

How Many Transfers? 823

46.4 Energy Flow 824

Primary Production 824

Ecological Pyramids 824

Ecological Efficiency 825

46.5 Biogeochemical Cycles 826

46.6 The Water Cycle 826

How and Where Water Moves 826

Limited Fresh Water 826

46.7 The Carbon Cycle 828

Terrestrial Carbon Cycle 828

Marine Carbon Cycle 829

Carbon in Fossil Fuels 829

46.8 Greenhouse Gases and Climate Change 830

The Greenhouse Effect 830

Changing Carbon Dioxide Concentrations 830

Changing Climate 830

46.9 Nitrogen Cycle 832

Reactions That Drive the Cycle 832

Human Effects on the Cycle 833

46.10 The Phosphorus Cycle 834

Too Much of a Good Thing (revisited) 835

47 The Biosphere



47.1 Going With the Flow 839

47.2 Global Air Circulation Patterns 840

Seasonal Effects 840

Air Circulation and Rainfall 840

Surface Wind Patterns 841

47.3 The Ocean, Landforms, and Climates 842

Ocean Currents and Their Effects 842

Regional Effects 842

47.4 The El Niño Southern Oscillation 844

47.5 Biomes 846

Differences Between Biomes 846

Similarities Within a Biome 846

47.6 Deserts 848

Desert Locations and Conditions 848

Adaptations to Desert Life 848

The Crust Community 849

47.7 Grasslands 850

Temperate Prairies 850

Tropical Savannas 850

47.8 Dry Shrublands and Woodlands 851

47.9 Broadleaf Forests 852

Semi-Evergreen and Deciduous Forests 852

Tropical Rain Forests 852

47.10 Coniferous Forests 854

47.11 Tundra 855

Arctic Tundra 855

Alpine Tundra 855

47.12 Freshwater Ecosystems 856

Lakes 856

Streams and Rivers 857

47.13 Coastal Ecosystems 858

Estuaries—Where Fresh and Saltwater Meet 858

Rocky and Sandy Coastlines 859

47.14 Coral Reefs 860

47.15 The Open Ocean 862

Pelagic Ecosystems 862

The Seafloor 862

Going With the Flow (revisited) 863

48 Human Impacts on the Biosphere



48.1 A Long Reach 867

48.2 The Extinction Crisis 868

Mass Extinction 868

The Sixth Great Mass Extinction 869

48.3 Current Diversity and Threats 870

Causes of Species Declines 870

The Unknown Losses 871

48.4 Harmful Land Use Practices 872

Desertification 872

Deforestation 872

48.5 Pollutants 874

Acid Rain 874

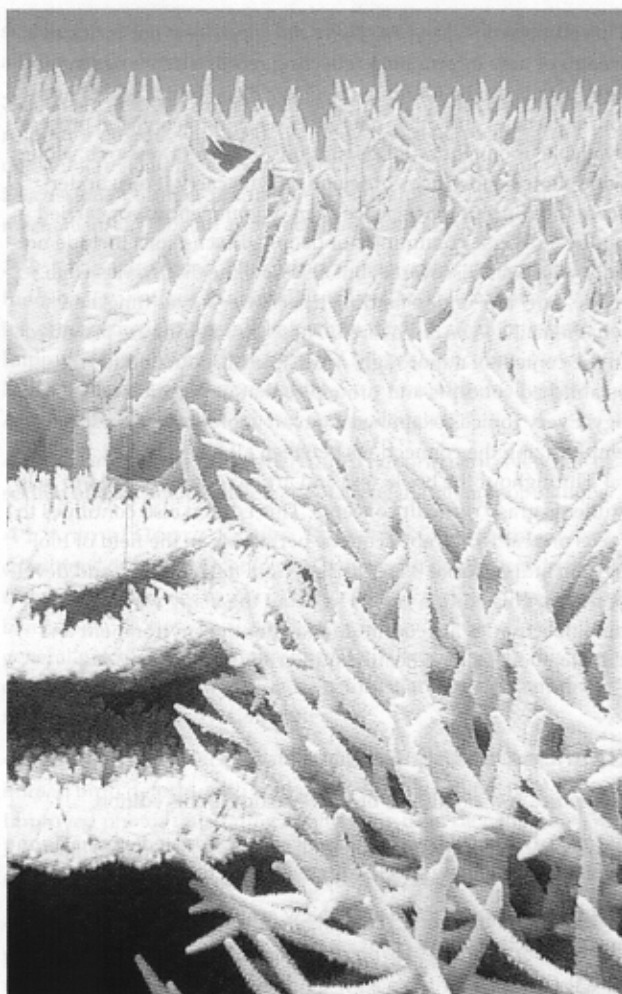
Biological Accumulation and Magnification 874

Talking Trash 875

48.6 Ozone Depletion and Pollution 876

Depletion of the Ozone Layer 876

Near-Ground Ozone Pollution 876



48.7 Effects of Global Climate Change 877

48.8 Conservation Biology 878

The Value of Biodiversity 878

Setting Priorities 878

Preservation and Restoration 879

48.9 Reducing Negative Impacts 880

A Long Reach (revisited) 881

Appendix I Periodic Table of the Elements

Appendix II Amino Acids

Appendix III Closer Look at Some Major Metabolic Pathways

Appendix IV A Plain English Map of the Human Chromosomes

Appendix V Restless Earth—Life's Changing Geological Stage

Appendix VI Units of Measure

Appendix VII Answers to Self-Quizzes and Genetics Problems