

# Contents

|                              |       |
|------------------------------|-------|
| <i>List of Illustrations</i> | xix   |
| <i>List of Tables</i>        | xxv   |
| <i>Acknowledgements</i>      | xxvii |

## Chapter 1 ECOLOGICAL MECHANICS

|                                             |   |
|---------------------------------------------|---|
| <i>An Introduction</i>                      | 1 |
| Mechanics and Ecology Combined: Coral Reefs | 1 |
| Response Functions                          | 5 |
| Transport Phenomena                         | 6 |
| What's in a Name?                           | 7 |
| What's Left Out                             | 8 |
| A Road Map                                  | 9 |
| Online Supplements                          | 9 |
| A Note on Notation                          | 9 |

## Part I Basic Concepts

---

## Chapter 2 BASIC PHYSICS AND MATH

|                                      |    |
|--------------------------------------|----|
| Location                             | 13 |
| Dimensions and Units of Measure      | 13 |
| Converting Units                     | 15 |
| Trigonometry                         | 15 |
| Translation                          | 16 |
| Translational Velocity               | 17 |
| Translational Acceleration           | 18 |
| Rotation                             | 19 |
| Force and Translational Acceleration | 20 |
| Moment and Rotational Acceleration   | 21 |
| Momentum                             | 23 |
| Pressure                             | 24 |
| Buoyancy                             | 25 |
| Energy                               | 26 |

|                        |    |
|------------------------|----|
| Conservation of Energy | 30 |
| Friction               | 31 |
| Power                  | 31 |
| Summary                | 32 |

### Online Supplements

|                                                     |  |
|-----------------------------------------------------|--|
| 2.1 Centripetal Acceleration                        |  |
| 2.2 The Rotational Moment of Inertia for a Cylinder |  |
| 2.3 Calculating Distance Using Calculus             |  |
| 2.4 Resting Mass                                    |  |

## Chapter 3 RESPONSE FUNCTIONS 33

|                                                 |    |
|-------------------------------------------------|----|
| Concepts and Terminology                        | 33 |
| Monotonic Functions                             | 34 |
| Peaks and Valleys: Unimodal Response Functions  | 39 |
| Complications                                   | 43 |
| Jensen's Inequality: The Fallacy of the Average | 45 |
| Linear versus Nonlinear                         | 46 |
| The Effects of Nonlinearity                     | 47 |
| Concepts and Conclusions                        | 50 |

### Online Supplements

|                                                                   |  |
|-------------------------------------------------------------------|--|
| 3.1 Scope for Growth in Anemones                                  |  |
| 3.2 Modeling Reaction Norms                                       |  |
| 3.3 The Mean of a Linear Function Equals the Function of the Mean |  |

## Part II The Mechanics of Transport

---

### Chapter 4 DIFFUSION

|                                           |    |
|-------------------------------------------|----|
| <i>Random Motion and its Consequences</i> | 55 |
| Rules of a Random Walk                    | 55 |
| Average Position                          | 56 |
| Dispersion: The Variance of Position      | 57 |
| The Diffusion Coefficient                 | 59 |
| What Drives Random Walks?                 | 61 |
| Fick's Equation                           | 67 |

|                                                                    |        |
|--------------------------------------------------------------------|--------|
| The Maximum Size of Phytoplankton                                  | 69     |
| Concepts and Conclusions                                           | 71     |
| <b>Online Supplements</b>                                          |        |
| 4.1 The Exponential Distribution of Intervals                      |        |
| 4.2 Steady Concentration Gradient in a Radially Symmetrical System |        |
| <br><b>Chapter 5 AN INTRODUCTION TO FLUID MECHANICS</b>            | <br>72 |
| Shear                                                              | 72     |
| What Is a Fluid?                                                   | 72     |
| Liquids and Gases                                                  | 73     |
| Dynamic Viscosity                                                  | 75     |
| Viscous Friction                                                   | 77     |
| Reynolds Number                                                    | 77     |
| Conservation of Mass and Volume                                    | 80     |
| Streamlines                                                        | 81     |
| Conservation of Energy: Bernoulli's Principle                      | 82     |
| Concepts, Conclusions, and Caveats                                 | 84     |
| <b>Online Supplements</b>                                          |        |
| 5.1 Why Are Air and Water Viscous?                                 |        |
| 5.2 Deriving Bernoulli's Equation                                  |        |
| <br><b>Chapter 6 BOUNDARY LAYERS I</b>                             | <br>   |
| <b><i>Equilibrium Layers</i></b>                                   | 86     |
| Basic Concepts                                                     | 87     |
| Laminar Boundary Layers: An Introduction                           | 87     |
| Moment and Rotation                                                | 91     |
| Turbulent Boundary Layers: An Introduction                         | 92     |
| The Onset of Turbulence                                            | 93     |
| Turbulent Shear Stress                                             | 95     |
| Reynolds Shear Stress                                              | 96     |
| The Turbulent Velocity Profile                                     | 98     |
| Measuring $u_*$                                                    | 101    |
| Sweeps and Bursts                                                  | 102    |
| Concepts, Conclusions, and Caveats                                 | 103    |
| <b>Online Supplements</b>                                          |        |
| 6.1 Solving for the Laminar Velocity Profile                       |        |

- 6.2 Reynolds Stress
- 6.3 Deriving the Law of the Wall for Smooth Plates

## Chapter 7 BOUNDARY LAYERS II

|                                                  |     |
|--------------------------------------------------|-----|
| <i>Dynamic Layers</i>                            | 105 |
| Boundary-Layer Thickness Defined                 | 105 |
| Thickness of Dynamic Laminar Boundary Layers     | 106 |
| Shear Stress in Dynamic Laminar Boundary Layers  | 109 |
| Mass Transport                                   | 110 |
| The Dynamic Laminar Velocity Profile             | 114 |
| Dynamic Turbulent Boundary Layers                | 115 |
| Mass Flux in Turbulent Boundary Layers           | 116 |
| Oscillating Flow                                 | 117 |
| Concepts, Conclusions, and Caveats               | 120 |
| <b>Online Supplements</b>                        |     |
| 7.1 Converting $\text{OH}^-$ Concentration to pH |     |
| 7.2 The Blasius Profile                          |     |
| 7.3 $z$ of $u_{\max}$                            |     |

## Chapter 8 FLUID-DYNAMIC FORCES I

|                                                                        |     |
|------------------------------------------------------------------------|-----|
| <i>Introduction and Low-Reynolds-Number Flows</i>                      | 121 |
| Drag at Low Reynolds Number                                            | 122 |
| Low-Re Ecomechanics: Sensory Ecology and<br>Predator-Prey Interactions | 126 |
| Concepts, Conclusions, and Caveats                                     | 129 |
| <b>Online Supplements</b>                                              |     |
| 8.1 Sinking Rates of Diatoms                                           |     |
| 8.2 Fluid Strain Around a Sphere                                       |     |

## Chapter 9 FLUID-DYNAMIC FORCES II

|                                                |     |
|------------------------------------------------|-----|
| <i>High Reynolds Numbers</i>                   | 131 |
| Forces                                         | 131 |
| Force Coefficients                             | 142 |
| Rules of Thumb                                 | 150 |
| Ecomechanical Examples                         | 152 |
| Concepts, Conclusions, and Caveats             | 156 |
| <b>Online Supplements</b>                      |     |
| 9.1 Pressure Gradient in an Accelerating Fluid |     |

|                   |                                                                             |            |
|-------------------|-----------------------------------------------------------------------------|------------|
| 9.2               | Acceleration Reaction of a Moving Object in a Moving Fluid                  |            |
| 9.3               | Viscous Drag at High Re                                                     |            |
| 9.4               | Defining the Coefficient of Viscous Drag, $C_{DV}$                          |            |
| 9.5               | Waves in the Surf Zone                                                      |            |
| <b>Chapter 10</b> | <b>LOCOMOTION</b>                                                           | <b>158</b> |
|                   | The Physics of Locomotion                                                   | 158        |
|                   | Sources of Power: The Motors                                                | 162        |
|                   | Drifting: Passive Locomotion                                                | 167        |
|                   | Crawling: Adhesive Locomotion                                               | 168        |
|                   | Burrowing                                                                   | 171        |
|                   | Walking and Running                                                         | 172        |
|                   | Wheels                                                                      | 174        |
|                   | Swimming                                                                    | 175        |
|                   | Gliding Flight                                                              | 177        |
|                   | Flapping Flight                                                             | 180        |
|                   | Speed and Power of Transport: A Summary                                     | 182        |
|                   | Cost of Transport                                                           | 183        |
|                   | Climbing and Jumping                                                        | 186        |
|                   | Locomotion in Context                                                       | 188        |
|                   | Winter Migration                                                            | 189        |
|                   | Concepts, Conclusions, and Caveats                                          | 193        |
|                   | <b>Online Supplements</b>                                                   |            |
|                   | 10.1 Muscle Kinetics                                                        |            |
|                   | 10.2 The Power of Adhesive Locomotion                                       |            |
|                   | 10.3 Speed of Muscle Contraction in a Snail                                 |            |
|                   | 10.4 Bending Cilia                                                          |            |
|                   | 10.5 Internal Power of Legged Locomotion                                    |            |
|                   | 10.6 Mechanics of Flagellar Thrust                                          |            |
|                   | 10.7 Components of Drag in Flight                                           |            |
|                   | 10.8 Acceleration in a Jump                                                 |            |
|                   | 10.9 When Is It Viable to Migrate?                                          |            |
| <b>Chapter 11</b> | <b>THERMAL MECHANICS I</b>                                                  |            |
|                   | <i>Introduction, Solar Heating, Convection, Metabolism, and Evaporation</i> | <b>195</b> |
|                   | Why Temperature Matters                                                     | 196        |
|                   | Heat-Budget Models: A Prospectus                                            | 197        |

|                                                                               |     |
|-------------------------------------------------------------------------------|-----|
| Heat                                                                          | 198 |
| Temperature                                                                   | 199 |
| Specific Heat                                                                 | 200 |
| Thermal Diffusion                                                             | 200 |
| Latent Heat                                                                   | 201 |
| The Heat Budget                                                               | 201 |
| Solar Heating                                                                 | 202 |
| Convective Heat Transport                                                     | 206 |
| A Convection-Dominated System: Littorine Snails                               | 209 |
| Metabolism                                                                    | 212 |
| Evaporation and Condensation                                                  | 214 |
| Systems Dominated by Convection and Evaporation:<br>Desert Herbs and Seaweeds | 215 |
| Concepts and Interim Conclusions                                              | 219 |
| <b>Online Supplements</b>                                                     |     |
| 11.1 Measuring Temperature                                                    |     |
| 11.2 Solar Heat Influx                                                        |     |
| 11.3 Measuring the Heat-Transfer Coefficient                                  |     |
| 11.4 A Nontraditional Mass-Transfer Coefficient                               |     |
| 11.5 Relating Mass Transfer to Heat Transfer                                  |     |
| 11.6 Calculating Wet-Bulb Temperature                                         |     |

## Chapter 12 THERMAL MECHANICS II

|                                                                                 |     |
|---------------------------------------------------------------------------------|-----|
| <b><i>Stored Energy, Conduction, Long-Wave<br/>Radiation, and Synthesis</i></b> | 221 |
| Stored Energy                                                                   | 221 |
| Conductive Heat Transport                                                       | 224 |
| Long-Wave Radiative Heat Transfer                                               | 229 |
| The Heat Budget Revisited                                                       | 235 |
| The Environmental Niche                                                         | 237 |
| Concepts, Conclusions, and Caveats                                              | 240 |
| <b>Online Supplements</b>                                                       |     |
| 12.1 Response Time                                                              |     |
| 12.2 Calculating the Thermal Gradient                                           |     |
| 12.3 Linearizing Long-Wave Heat Exchange                                        |     |
| 12.4 Emissivity of the Sky                                                      |     |
| 12.5 Solving the Time-Dependent<br>Heat-Budget Equation                         |     |

## Part III Solid Mechanics

---

### Chapter 13 BIOLOGICAL MATERIALS I

#### *Materials Mechanics* 245

Bonding Forces 245

Why Solids Are Elastic 249

Theoretical Strength of Solids 250

Polymers and Soft Elasticity 251

Rubber Elasticity 253

Viscoelasticity 254

Load 255

Stress 255

Strain 258

Elastic Modulus 261

Strain Energy 264

Failure 266

Concepts, Conclusions, and Caveats 267

#### **Online Supplements**

13.1 An Alternative Perspective on Shear Loading

13.2 The Utility of True Strain

13.3 The Standard Linear Solid

13.4 Calculating Strain Energy

### Chapter 14 BIOLOGICAL MATERIALS II

#### *The Spectrum of Biological Materials* 268

Stiffness 268

Strength 271

Toughness 271

Composite Materials 272

Designing a Giant Kelp 276

Mussels, Patch Dynamics, and Disturbance 278

Concepts, Conclusions, and Caveats 280

#### **Online Supplements**

14.1 Mechanical Design of Anemones

14.2 Force from Pressure in a Cylinder

14.3 Unidirectional Fiber Reinforcement

14.4 Multidirectional Fiber Reinforcement



|                   |                                                         |     |
|-------------------|---------------------------------------------------------|-----|
| <b>Chapter 15</b> | <b>FRACTURE MECHANICS AND FATIGUE</b>                   | 282 |
|                   | Stress Concentrations                                   | 282 |
|                   | Energy and Fracture                                     | 284 |
|                   | Breaking Stress                                         | 287 |
|                   | Fracture Toughness                                      | 288 |
|                   | Crack Stoppers                                          | 290 |
|                   | Fatigue                                                 | 291 |
|                   | Fracture and Fatigue in Evolution                       | 294 |
|                   | Concepts, Conclusions, and Caveats                      | 295 |
| <b>Chapter 16</b> | <b>ADHESION AND ADHESION RESISTANCE</b>                 | 297 |
|                   | Attachment and Adhesion                                 | 297 |
|                   | Close Physical Contact                                  | 298 |
|                   | Pressure-Difference Adhesion                            | 302 |
|                   | Surface Tension and Surface Energy                      | 304 |
|                   | Interaction at the Interface                            | 306 |
|                   | Capillary Adhesion                                      | 308 |
|                   | Viscous Adhesion                                        | 309 |
|                   | Glue                                                    | 311 |
|                   | Adhesives Compared                                      | 312 |
|                   | Adhesion Is Easy                                        | 313 |
|                   | Adhesion in Reverse                                     | 315 |
|                   | Concepts, Conclusions, and Caveats                      | 318 |
| <b>Chapter 17</b> | <b>STATICS</b>                                          |     |
|                   | <b><i>Bending and Twisting</i></b>                      | 319 |
|                   | Bending                                                 | 319 |
|                   | Specifying $I$                                          | 323 |
|                   | Cantilever Bending                                      | 326 |
|                   | Stress in Corals                                        | 328 |
|                   | Shear                                                   | 331 |
|                   | Anemones as Beams                                       | 334 |
|                   | Maximum Height                                          | 335 |
|                   | Optimal Shape                                           | 338 |
|                   | Torsion                                                 | 341 |
|                   | Concepts, Conclusions, and Caveats                      | 343 |
|                   | <b>Online Supplements</b>                               |     |
|                   | 17.1 $I$ of a Circle                                    |     |
|                   | 17.2 Approximate $I$ of a Hollow Circular Cross Section |     |



|       |                                         |  |
|-------|-----------------------------------------|--|
| 17.3  | $I$ for Hollow Beams of Constant Volume |  |
| 17.4  | Thickness per Radius for a Hollow Beam  |  |
| 17.5  | $I$ of Complex Shapes                   |  |
| 17.6  | Deflection of a Cantilever              |  |
| 17.7  | Stiffness of Divided Beams              |  |
| 17.8  | Maximum Height                          |  |
| 17.9  | Optimal Shape of a Cantilever           |  |
| 17.10 | Second Polar Moment of Area             |  |

## Chapter 18 DYNAMICS

|                                     |  |     |
|-------------------------------------|--|-----|
| <i>The Mechanics of Oscillation</i> |  | 345 |
| Harmonic Oscillation                |  | 345 |
| Damped Harmonic Motion              |  | 350 |
| Forced Harmonic Motion              |  | 353 |
| Abruptly Applied Loads              |  | 356 |
| Nonlinear Springs and Chaos         |  | 359 |
| Concepts, Conclusions, and Caveats  |  | 359 |
| <b>Online Supplements</b>           |  |     |
| 18.1 Damped Harmonic Motion         |  |     |
| 18.2 Forced Harmonic Motion         |  |     |

## Part IV Ecological Mechanisms

### Chapter 19 ECOLOGICAL VARIATION AND ITS CONSEQUENCES

|                                                             |  |     |
|-------------------------------------------------------------|--|-----|
|                                                             |  | 363 |
| Scale Transition Theory: A Brief Introduction               |  | 364 |
| Background                                                  |  | 366 |
| Scale Transition Theory in Action: Intermediate Disturbance |  | 369 |
| Covariance                                                  |  | 371 |
| Examples from Nature                                        |  | 376 |
| Concepts, Conclusions, and Caveats                          |  | 377 |
| <b>Online Supplements</b>                                   |  |     |
| 19.1 Deriving the Scale Transition Equation                 |  |     |
| 19.2 $S_T$ of Some Common Response Functions                |  |     |
| 19.3 Poisson Interval Statistics                            |  |     |
| 19.4 The Effect of Covariance on the Mean                   |  |     |
| 19.5 The Effect of Variation in More Complicated Functions  |  |     |



|                   |                                                                                              |     |
|-------------------|----------------------------------------------------------------------------------------------|-----|
| <b>Chapter 20</b> | <b>SPECTRAL ANALYSIS</b>                                                                     |     |
|                   | <i>Quantifying Variation in Time and Space</i>                                               | 379 |
|                   | Sequence, Signal, and Power                                                                  | 380 |
|                   | Fourier Series                                                                               | 383 |
|                   | Choosing Frequencies: The Role of Harmonics                                                  | 386 |
|                   | Fourier Coefficients                                                                         | 387 |
|                   | The Periodogram                                                                              | 388 |
|                   | Specifying Fourier Coefficients                                                              | 391 |
|                   | The Power Spectrum                                                                           | 397 |
|                   | Spectral Analysis in Biology                                                                 | 401 |
|                   | Concepts, Conclusions, and Caveats                                                           | 404 |
|                   | <b>Online Supplements</b>                                                                    |     |
|                   | 20.1 The Sum of Sine and Cosine Waves                                                        |     |
|                   | 20.2 Specifying Fourier Coefficients                                                         |     |
|                   | 20.3 $\beta$ at the Nyquist Frequency                                                        |     |
|                   | 20.4 Practical Considerations in Spectral Analysis                                           |     |
| <b>Chapter 21</b> | <b>QUANTIFYING THE EFFECTS OF SCALE</b>                                                      | 406 |
|                   | 1/f Noise                                                                                    | 406 |
|                   | The Color of Spectral Data                                                                   | 408 |
|                   | Patterns of 1/f Noise                                                                        | 408 |
|                   | Asymptotes for $\beta < 1$                                                                   | 412 |
|                   | Estimating $\beta$ and $k_{\text{var}}$                                                      | 412 |
|                   | Scale Transition: An Example                                                                 | 413 |
|                   | Other Spectra                                                                                | 415 |
|                   | Concepts, Conclusions, and Caveats                                                           | 416 |
|                   | <b>Online Supplements</b>                                                                    |     |
|                   | 21.1 Calculating the Time or Distance Required to Reach a Given Fraction of Maximum Variance |     |
|                   | 21.2 Caveats Regarding the Estimation of $k_{\text{var}}$ and $\beta$                        |     |
|                   | 21.3 Numerically Integrating a Spectrum                                                      |     |
| <b>Chapter 22</b> | <b>BIOLOGY OF EXTREMES</b>                                                                   | 419 |
|                   | Statistics of Extremes                                                                       | 420 |
|                   | Extreme Caveats                                                                              | 428 |
|                   | An Interim Synopsis                                                                          | 432 |
|                   | The Environmental Bootstrap                                                                  | 432 |

|                                                                                                                                                            |         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| Evolution and Extremes                                                                                                                                     | 439     |
| Bootstrap Caveats                                                                                                                                          | 441     |
| Concepts and Conclusions                                                                                                                                   | 442     |
| <b>Online Supplements</b>                                                                                                                                  |         |
| 22.1 The Normal Curve                                                                                                                                      |         |
| 22.2 Probability and Return Time                                                                                                                           |         |
| 22.3 Connections to the Poisson Interval Distribution                                                                                                      |         |
| <br><b>Chapter 23 PATTERN AND SELF-ORGANIZATION</b>                                                                                                        | <br>443 |
| Facilitation-Inhibition                                                                                                                                    | 444     |
| Criticality                                                                                                                                                | 451     |
| Concepts, Conclusion, and Caveats                                                                                                                          | 454     |
| <br><b>Chapter 24 THOUGHTS AT THE END</b>                                                                                                                  | <br>455 |
| Take-Home Messages                                                                                                                                         | 455     |
| Plankton Ecology                                                                                                                                           | 458     |
| A Look to the Future                                                                                                                                       | 462     |
| <br><b>ONLINE RESOURCES</b>                                                                                                                                |         |
| Additional supporting materials can be found at<br><a href="http://press.princeton.edu/titles/10641.html">http://press.princeton.edu/titles/10641.html</a> |         |
| <br><i>References</i>                                                                                                                                      | <br>463 |
| <i>Symbol Index</i>                                                                                                                                        | 479     |
| <i>Author Index</i>                                                                                                                                        | 485     |
| <i>Subject Index</i>                                                                                                                                       | 489     |