## Information for Authors

The Lancet Psychiatry considers any original research that advocates change in or illuminates clinical practice and informative reviews on any topic connected with psychiatry. Because the journal has an international readership, it is vital that articles should be written clearly and should not assume a level of knowledge above that of, say, a reasonably well-read, general psychiatrist. One way to find out if your article is understandable to those reading outside their immediate field of interest is to show the manuscript to colleagues in other sub-specialties. If they find it difficult to follow, so will a good proportion of the readership. Wherever possible, figures and good quality photographs (colour or black and white) should be used to supplement and to enhance the text. Further details on the different sections of The Lancet Psychiatry, and how to submit to the journal, are provided below. If you require further clarification, the journal's editorial staff will be pleased to help (email psychiatry@lancet.com).

Manuscripts must be solely the work of the author(s) stated, must not have been previously published elsewhere, and must not be under consideration by another journal. *The Lancet* journals are signatories of the Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals, issued by the International Committee of Medical Journal Editors (ICMJE Recommendations), and of the Committee on Publication Ethics (COPE) code of conduct for editors. We follow COPE's guidelines.

Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals http://www.icmje.org

How to submit your paper

## Manuscript submission

Manuscript submission to all *Lancet* journals is free. Manuscripts should be submitted online via the *The Lancet Psychiatry's* online submission and peer review website (known as EES) at http://ees.elsevier.com/thelancetpsych

- Simply log on to EES and follow the on-screen instructions for all submissions
- If you have not used EES before, you will need to register first. In EES, the corresponding author is the person who enters the manuscript details and uploads the submission files
- Inclusion of illustrations (photographs, graphs, diagrams, etc) is
  a prerequisite for publication. Submission of original and
  editable artwork files is encouraged. Digital photography files
  should have a resolution of at least 300 dpi and be at least
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- In almost all cases, if you have a finished manuscript, you should submit it, rather than contacting The Lancet Psychiatry to enquire whether an unseen manuscript is likely to be accepted. Unless you have been asked by the Editor to submit by email, you should use the online system for all types of submission, including Correspondence
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- Use the covering letter to explain why your paper should be published in *The Lancet Psychiatry* rather than elsewhere
- It is helpful to indicate what could shorten your paper—the full paper can be reviewed and a shorter version published; a table or figure, more in-depth technical details, or further references, for example, can be published on our website or made available from the authors

### First submissions to The Lancet Psychiatry should include:

- 1 Covering letter
- 2 Manuscript including tables and panels
- 3 Figures
- 4 Author statement form (see next section)
- 5 Declaration of interests and source of funding statements (see next section)
- 6 In-press papers—one copy of each with acceptance letters
- 7 Protocols and CONSORT details for randomised controlled trials (see Articles)
- 8 We encourage disclosure of correspondence from other journals and reviewers, if previously submitted, and we might contact relevant editors of such journals
- 9 Research in context panel, for all primary research Articles

## Statements, permissions, and signatures Authors and contributors

- Designated authors should meet all four criteria for authorship in the ICMJE Recommendations
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- We suggest you use the author statement form and either upload the signed copy with your submission, or fax to +44 (0) 1865 853 018
- Please include written consent of any cited individual(s) noted in acknowledgments or personal communications

## Declaration of interests

A conflict of interest exists when professional judgement concerning a primary interest (such as patients' welfare or validity of research) may be influenced by a secondary interest (such as financial gain). Financial relationships are easily identifiable, but conflicts can also occur because of personal relationships or rivalries, academic competition, or intellectual beliefs. A conflict can be actual or potential, and full disclosure to the Editor is the safest course. Failure to disclose conflicts might lead to publication of a statement in our corrections section or even to retraction. All submissions to *The Lancet Psychiatry* must include disclosure of all relationships that could be viewed as presenting a potential or actual conflict of

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interest (see Lancet 2001; 358: 854-56 and Lancet 2003; 361: 8-9). The Editor may use such information as a basis for editorial decisions, and will publish such disclosures if they are believed to be important to readers in judging the manuscript. Agreements between authors and study sponsors that interfere with authors' access to all a study's data, or that interfere with their ability to analyse and interpret the data and to prepare and publish manuscripts independently, may represent conflicts of interest, and should be avoided.

- At the end of the text, under a subheading "Declaration of interests", all authors must disclose any financial and personal relationships with other people or organisations that could inappropriately influence (bias) their work. Examples of financial conflicts include employment, consultancies, stock ownership, honoraria, paid expert testimony, patents or patent applications, and travel grants, all within 3 years of beginning the work submitted. If there are no conflicts of interest, authors should state that none exist
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- For Comments, Personal Views, and Reviews, The Lancet Psychiatry will not publish if an author, within the past 3 years, and with a relevant company or competitor, has any stocks or shares, equity, a contract of employment, or a named position on a company board; or has been asked by any organisation other than The Lancet Psychiatry to write, be named on, or to submit the paper (see Lancet 2004; 363: 2-3)

Role of the funding source

- All sources of funding should be declared as an acknowledgment at the end of the text
- At the end of the Methods section, under a subheading "Role of the funding source", authors must describe the role of the study sponsor(s), if any, in study design; in the collection, analysis, and interpretation of data; in the writing of the report; and in the decision to submit the paper for publication
- If there is no Methods section, the role of the funding source should be stated as an acknowledgment. If the funding source had no such involvement, the authors should state this
- The corresponding author should confirm that he or she had full access to all the data in the study and had final responsibility for the decision to submit for publication

WHO's International Clinical Trial Registry Platform http://www.who.int/ictrp/ network/trds/en/index.html

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We require signed statements from any medical writers or editors declaring that they have given permission to be named as an author, as a contributor, or in the Acknowledgments section

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- Studies on patients or volunteers need approval from an ethics committee and informed consent from participants. These should be documented in your paper
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- US authors should ensure HIPAA compliance

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At the external peer review stage you will need to send signed copies of the following statements:

- Authors' contributions
- Conflicts of interest statements
- Statements of role, if any, of medical writer or editor
- Acknowledgments—written consent of cited individual
- Personal communications—written consent of cited individual
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These statements can be scanned and submitted electronically to psychiatry@lancet.com. To minimise delays, we strongly advise that you prepare signed copies of these statements before you submit your manuscript.

## Types of article and manuscript requirements

Please ensure that anything you submit to The Lancet Psychiatry follows the guidelines provided for each article type. For instruction on how to format the text of your paper, including tables, figures, panels, and references, please see our Formatting guidelines.

## Red section (Articles)

## **Articles**

- The Lancet Psychiatry prioritises reports of original research that are likely to change clinical practice or thinking
- We invite submission of all clinical trials, whether phase 1, 2, 3, or 4.
- We encourage the registration of all interventional trials, whether early or late phase, in a primary register that participates in WHO's International Clinical Trial Registry Platform (see Lancet 2007; 369: 1909–11). We also encourage full public disclosure of the minimum 20-item trial registration dataset at the time of registration and before recruitment of the first participant (see Lancet 2006; 367: 1631–35). The registry must be independent of for-profit interest
- Reports of trials must conform to CONSORT 2010 guidelines and should be submitted with their protocols

- All reports of randomised trials should include a section entitled Randomisation and masking, within the Methods section.
   Please refer to The Lancet's formatting guidelines for randomised trials
- Cluster-randomised trials must be reported according to CONSORT extended guidelines
- Randomised trials that report harms must be described according to CONSORT extended guidelines
- Studies of diagnostic accuracy must be reported according to STARD guidelines
- Observational studies (cohort, case-control, or cross-sectional designs) must be reported according to the STROBE statement, and should be submitted with their protocols
- We encourage the registration of all observational studies on a WHO-compliant registry (see Lancet 2010; 375: 348)
- Genetic association studies must be reported according to STREGA quidelines
- Systematic reviews and meta-analyses must be reported according to PRISMA guidelines
- To find reporting guidelines see: http://www.equatornetwork.org

## All Articles should, as relevant:

- Be up to 3000 words (4500 for randomised controlled trials) with 30 references (the word count is for the manuscript text only)
- Include an abstract (semistructured summary), with five paragraphs (Background, Methods, Outcomes, Interpretation, and Funding), not exceeding 250 words. Our electronic submission system will ask you to copy and paste this section at the "Submit Abstract" stage
- For randomised trials, the abstract should adhere to CONSORT extensions: abstracts (see Lancet 2008; 371: 281–83)
- For intervention studies, the abstract should include the primary outcome expressed as the difference between groups with a confidence interval on that difference (absolute differences are more useful than relative ones). Important secondary outcomes can be included as long as they are clearly marked as secondary
- Use the SI system of units and the recommended international non-proprietary name (rINN) for drug names. Ensure that the dose, route, and frequency of administration of any drug you mention are correct
- Use gene names approved by the Human Gene Organisation.
  Novel gene sequences should be deposited in a public database
  (GenBank, EMBL, or DDBJ), and the accession number provided.
  Authors of microarray papers should include in their submission
  the information recommended by the MIAME guidelines.
  Authors should also submit their experimental details to one of
  the publicly available databases: ArrayExpress or GEO
- Include any necessary additional data as part of your EES submission
- All accepted Articles should include a link to the full study protocol published on the authors' institutional website (see Lancet 2009; 373: 992 and Lancet 2010; 375: 348)

## Putting research into context

 From Jan 1, 2015, all research papers submitted to any journal in The Lancet family must include a panel putting their research into

- context with previous work, with an enhanced structure and subheadings compared with papers submitted before this date (see *Lancet* 2014; 384: 2176–77, and panel below for guidance). This panel should not contain references. Editors will use this information at the first assessment stage and peer reviewers will be specifically asked to check the content and accuracy
- The Discussion section should contain a full description and discussion of the context. Authors are also invited to either report their own, up-to-date systematic review or cite a recent systematic review of other trials, putting their trial into context of the review

## Research in context

#### Evidence before this study

This section should include a description of all the evidence that the authors considered before undertaking this study. Authors should briefly state: the sources (databases, journal or book reference lists, etc) searched; the criteria used to include or exclude studies (including the exact start and end dates of the search), which should not be limited to English language publications; the search terms used; the quality (risk of bias) of that evidence; and the pooled estimate derived from meta-analysis of the evidence, if appropriate.

### Added value of this study

Authors should describe here how their findings add value to the existing evidence.

### Implications of all the available evidence

Authors should state the implications for practice or policy and future research of their study combined with existing evidence. Research in context panels should not contain references; key studies mentioned here should be referenced in the main text.

# Blue section (Comment, Correspondence, News, Insight)

## **Editorial**

 Editorials are the voice of The Lancet Psychiatry, and are written in-house by the journal's editorial-writing team and signed "The Lancet Psychiatry"

#### Comment

- This section contains commentaries that accompany papers published in *The Lancet Psychiatry* or on issues of wide-reaching concern in psychiatry. Comments linked to policy decisions are welcomed. Most commentaries are commissioned, but unsolicited commentaries (no more than 800 words, ten references, and one figure, panel, or small table) are also welcome. Commentaries may be peer reviewed
- At the Editor's discretion, commentaries may be shortened in the interests of space
- The place to respond to something we have published is in our Correspondence section
- See Conflicts of Interest guidelines for comments

## Correspondence

 Letters should be written in response to previous content published in The Lancet Psychiatry

#### **CONSORT** extended guidelines

http://www.consort-statement. org/extensions/extensions/

#### STARD guidelines

http://www.stard-statement.

#### STROBE statement

http://www.strobe-statement. org/

#### STREGA guidelines

http://www.medicine.uottawa. ca/public-health-genomics/ web/eng/strega.html

#### **PRISMA** guidelines

http://www.prisma-statement. org/

To find reporting guidelines, see http://www.equator-network. org

Human Gene Organisation http://www.genenames.org/

#### MIAME guidelines

http://www.mged. org/Workgroups/MIAME/ miame\_checklist.html

#### Array and GEO

http://www.ebi.ac.uk/ microarray-as/ae/ http://www.ncbi.nlm.nih. gov/geo

- Letters for publication in the journal online must reach us within 4 weeks of publication of the original item and should be no longer than 500 words
- Letters of general interest, unlinked to items published in the journal, can be up to 400 words long
- Correspondence letters are not usually peer reviewed, but we might invite replies from the authors of the original publication, or pass on letters to these authors
- Only one table or figure is permitted, and there should be no more than five references and five authors
- All accepted letters are edited, and may be shortened in the interest of space. Proofs will be sent out to authors before publication

#### News

 Most of the writers of News articles are professional journalists, but an important event in your country that might be of wider interest can be brought to the attention of our News editors via psychiatry@lancet.com

## Insight

- Readers with an interest in contributing book, film, TV, exhibition, or web reviews should contact the Editor via psychiatry@lancet.com. In general, these submissions should be between 350 and 400 words
- The Lancet Psychiatry encourages the submission of Essays for this section. These should be up to 2000 words in descriptive prose, and can be on any topic related to psychiatry. If you are a medical professional, this is your opportunity to shine light on a neglected area, highlight an inspirational experience, or share your insights.
- Profiles in this section are commissioned by the journal's editors

## Formatting guidelines for revised manuscripts

Formatting guidelines for

http://www.thelancet.com/

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randomised trials

Rctguidelines.pdf

Guidelines on format for text and figures can be found at http://download.thelancet. com/flatcontentassets/authors/ artwork-guidelines.pdf

For The Lancet journals' policy on corrections of errors see http://download.thelancet. com/flatcontentassets/authors/ correction-policy.pdf

#### Corrections

- Any substantial error in any article published in The Lancet Psychiatry should be corrected as soon as possible. Blame is not apportioned; the important thing is to set the record straight
- The Lancet journals have a policy for types of errors that we do and do not correct. We will always correct any error affecting a non-proprietory drug name, dose, or unit, any numerical error in the results, or any factual error in the interpretation of results

## Green section (Reviews, Viewpoints) Reviews

- Reviews may be commissioned or submitted unsolicited, although in the latter case it would be wise to send the Editor a one-page outline first (psychiatry@lancet.com). If you have already written the paper, please submit it for consideration via our online system
- Complete transparency about the choice of material included is
  important to any Review paper. Therefore, all Reviews should
  include a brief section entitled "Search strategy and selection
  criteria" stating the sources (including databases, MeSH and free
  text search terms and filters, and reference lists from journals or
  books) of the material covered, and the criteria used to include or
  exclude studies. Citations to papers published in non-peerreviewed supplements are discouraged. Since these papers
  should be comprehensive, we encourage citation of publications

in non-English languages. An example is shown below

## Search strategy and selection criteria

References for this review were identified through searches of PubMed for articles published from January, 1971, to June, 2010, by use of the terms "anxiety", "psychopathology", "exacerbation", and "phenotype". Relevant articles published between 1918 and 1920 were identified through searches in the authors' personal files, in Google Scholar, and Springer Online Archives Collection. Articles resulting from these searches and relevant references cited in those articles were reviewed. Articles published in English, French, and German were included.

 Reviews should be 3000–5000 words, with a maximum of 75 references. A 150-word unstructured summary should be included. These papers should include about five illustrations, tables, and figures to aid the reader

#### **Personal View**

- These opinion pieces may reflect an individual perception, involvement, or contribution to psychiatry, and should be prepared in a similar way to a Review
- The word count should be 1500–3500 in length, with a maximum of 75 references

## Formatting guidelines

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Manuscripts should be submitted in English. Authors writing in Chinese, Portuguese, or Spanish may wish to use the Webshop (http://webshop.elsevier.com/languageservices) to provide an English translation of their manuscript for submission

## Title page

 A brief title, author name(s), preferred degree (one only), affiliation(s), and full address(es) of the authors must be included.
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## Formatting of text

- Type a single space at the end of each sentence
- · Do not use bold face for emphasis within text
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  the number pad, or on a Mac: ALT shift 9
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- Use single hard-returns to separate paragraphs. Do not use tabs or indents to start a paragraph
- Do not use the automated features of your software, such as hyphenation, endnotes, headers, or footers (especially for references). Please use page numbering

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 Cite references in the text sequentially in the Vancouver numbering style, as a superscripted number after any punctuation mark. For example:

- "...as reported by Saito and colleagues.15"
- Two references are cited separated by a comma, with no space.
   Three or more consecutive references are given as a range with
   an en rule. To create an en rule on a PC: hold down
   CTRL key and minus sign on the number pad, or on a
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- References in tables, figures, and panels should be in numerical order according to where the item is cited in the text
- Here is an example for a journal reference (note the use of tab, bold, italic, and the en rule or "long" hyphen):
  - "15[tab]Saito N, Ebara S, Ohotsuka K, Kumeta J, Takaoka K. Natural history of scoliosis in spastic cerebral palsy. *Lancet* 1998; **351**: 1687–[en rule]92."
- Give any subpart to the title of the article. Journal names are abbreviated in their standard form as in Index Medicus
- If there are six authors or fewer, give all six in the form: surname space initials comma
- If there are seven or more give the first three in the same way, followed by et al
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  of the section, and the page numbers
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All material should be submitted as one PDF (with numbered pages) with the paper and will be peer reviewed. Material will be published at the discretion of *The Lancet* journals' editors. All material should be provided in English.

## Text

- Main heading for the web extra material should be in 12 point Times New Roman font BOLD
- Text should be in 10 point Times New Roman font, single spaced
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- SI units are required
- $\bullet \quad \text{Numbers in text and tables should always be provided if \% is shown} \\$
- · Means should be accompanied by SDs, and medians by IQR
- Exact p values should be provided, unless p<0.0001

## **Drug names**

Recommended international non-proprietary name (rINN) is required

## References

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Smith A, Jones, B, Clements S. Clinical transplantation of tissue-engineered airway. *Lancet* 2008; **372**: 1201–09.

Hourigan P. Ankle injuries. In: Chan D, ed. Sports medicine. London: Elsevier, 2008: 230–47.

 Numbered in order of mention in appendix and numbered separately from references in the full paper

### **Figures**

- All images must have a minimum resolution of 300 dpi, width 107 mm
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- The paper to which the audio or video clip relates should be mentioned in the recording
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Audio http://www.thelancet.com/audio

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## Fast-track publication

- All Articles judged eligible for consideration by the journal's staff will be peer-reviewed rapidly and, if accepted, published within 8 weeks
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- The online article does not differ from the version subsequently published in print and is citable by the digital object identifier (DOI) assigned at the time of online publication
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- · See Articles section for manuscript requirements

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- The Lancet Psychiatry often publishes papers online ahead of print publication. You will be informed at least a week in advance of the Online First publication date
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All Reviews, Viewpoints, and similar non-research material that
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papers are written in a way that offers new thinking without
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## Peer review

- Every Article, Meta-analysis, Review, or Viewpoint published in The Lancet Psychiatry will be peer reviewed. Occasional contributions (eg, commentaries) are accepted without peer review.
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### Decision

- Submissions that survive in-house and peer review might be referred back to authors for revision. This is an invitation to present the best possible paper for further scrutiny by the journal; it is not an acceptance
- Authors should give priority to such revisions; the journal will reciprocate by making a final decision quickly
- Two copies of the revised version should be sent back, one of

which should be highlighted to show where changes have been made. Detailed responses to reviewers' comments, in a covering letter, are also necessary

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- At least two editors will decide whether to invite a revised manuscript and whether re-review, or otherwise is indicated

#### **Proofs**

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  is likely that your paper will be substantially edited after
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- All figures will be redrawn into The Lancet Psychiatry style by our in-house illustrators
- You will receive a proof from an Assistant Editor. That proof should be corrected and returned within 48 h

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 We are keen to better understand and improve editorial conduct, decision making, and issues related to peer review. Therefore, we occasionally take part in or conduct editorial research. Your submitted paper might be used in such research. If you do not want your paper entered into such a study, please let us know in your covering letter. Your decision to take part or not will have no effect on the editorial decision on your paper

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