

Information for Authors

THE AMERICAN JOURNAL OF CLINICAL NUTRITION

Revised January 2004

The purpose of *The American Journal of Clinical Nutrition* (*AJCN*) is to publish original research studies relevant to human and clinical nutrition. Case studies, untested hypotheses, and geographically restricted surveys are not considered suitable for the *AJCN*. Well-controlled clinical studies that describe scientific mechanisms, efficacy, and safety of dietary interventions in the context of disease prevention or a health benefit will be considered. Epidemiologic studies relevant to clinical nutrition will also be considered. Solicited editorials, book reviews, solicited or unsolicited review articles, invited controversy position papers, and letters to the Editor that relate to prior *AJCN* articles are essential components of the *AJCN*. All submitted material with scientific content will undergo peer review by the Editors or their designees before acceptance for publication.

Symposia or workshop articles may be published as supplements to the *AJCN* and are funded by their sponsors at a special page charge. The *AJCN* welcomes queries about the publication of supplements. The *AJCN* uses a 2-part acceptance process for supplements. The first step involves editorial acceptance of the topic and content as provided by the symposium organizer; the second step involves anonymous peer review of the individual articles. To be considered for publication, supplement articles must be received within 3 mo of each symposium or workshop. Each manuscript should not exceed 15 text pages, exclusive of tables, figures, and references; must adhere to *AJCN* style and format; and will be reviewed according to the same scientific standards used to evaluate original research articles.

All material to be considered for publication in a regular issue should be submitted electronically at the following website: <http://www.rapidreview.com/ASCN2/CALogon.jsp>. See "Tips for authors submitting manuscripts to the *AJCN*" below for helpful advice regarding electronic submission.

All material to be considered for publication in a supplement issue should be sent to the following address: Editor's Office, *The American Journal of Clinical Nutrition*, 3247 Meyer Hall, University of California, One Shields Avenue, Davis, CA 95616-8790. Phone: (530) 752-8363; fax: (530) 752-8371; e-mail: ajcn@ucdavis.edu.

Original manuscripts will be considered with the understanding that no part has been published, simultaneously submitted, or already accepted for publication elsewhere, other than in abstract form.

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SUMMARY OF REQUIREMENTS

Each manuscript component should begin on a new page in the following sequence:

- Title page
- Abstract and key words
- Text
- Acknowledgments
- References
- Tables: each table on a separate page, complete with title and footnotes
- Legends for figures
- Figures

Identify on the title page the author who will be responsible for correspondence regarding the manuscript. The signed Authors' Agreement form and copies of any documents granting permission needed to reproduce material in print and electronic form or to use illustrations of identifiable subjects must be sent to the Editorial Office. Authors should keep copies of all submitted material.

The *AJCN* encourages authors to provide the names, fields of interest, addresses, telephone and fax numbers, and e-mail addresses of **4–6 unbiased and qualified potential expert reviewers** from outside the authors' institutions.

MAJOR SECTIONS OF THE *AJCN*

- Editorials
- Review Articles
- Special Invited Articles, including Controversies and Perspectives
- Original Research Communications
- Letters to the Editor
- Book Reviews
- Books Received
- ASCN Announcements
- Calendar of Events

The "Information for Authors" is found in each January issue and is also available on the *AJCN*'s website (www.ajcn.org/misc/ifora.shtml).

Letters to the Editor that refer to a recent *AJCN* article must be received within 12 wk of the article's publication. Letters must be typewritten (double-spaced), should include a title page, should have no more than 10 references, and **should not exceed 1000 words**. All letters will be subjected to editorial review and decision before acceptance. The *AJCN* does not accept letters that are unrelated to a specific, recently published article; that contain unpublished data; or that engage in personal slander or invective. Letters may be submitted by mail or online at <http://www.rapidreview.com/ASCN2/CALogon.jsp>.

CRITERIA FOR MANUSCRIPT ACCEPTANCE

The *AJCN* can publish only about 30% of the more than 800 original submissions received per year. Submitted manuscripts may be rejected without detailed comments after initial review by at least 2 *AJCN* editors if the manuscripts are considered inappropriate or of insufficient scientific priority for publication in the *AJCN*. All other manuscripts undergo a complete review by at least 2 consulting editors or other selected experts. Criteria for acceptance by the *AJCN* include originality, validity of data, clarity of writing, strength of the conclusions, and potential importance of the work to the field of clinical nutrition. Submitted manuscripts will not be reviewed if they do not conform to standard English usage and to the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals" (Internet: <http://www.icmje.org/>; also available free of charge from the Secretariat Office, *Annals of Internal Medicine*, American College of Physicians, Independence Mall West, Sixth Street at Race, Philadelphia, PA 19106-1572).

FORMAT AND STYLE REQUIREMENTS

Articles are copyedited according to *AJCN* style policy, the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals," and the style manual of the Council of Science Editors (Scientific style and format: the CBE manual for authors, editors, and publishers. 6th ed. Cambridge, United Kingdom: Cambridge University Press, 1994).

Instructions for manuscript preparation

The manuscript should be formatted as follows: 216 × 279 mm (8½ × 11 in) or ISO A4 (212 × 297 mm), with margins of at least 2.5 cm; use double-spacing and 12-point type throughout. Do not justify the right margin. **The abstract and text pages should have line numbers in the left margin.** Number pages consecutively in the upper right-hand corner of each page, beginning with the title page. Foreign authors are advised to have their manuscripts reviewed by a scientific colleague who is fluent in English so that the manuscripts will conform to US English usage and grammar.

Title page

The title page should contain 1) the title of the article, beginning with a key word if possible, with only the first letter of the first word capitalized; 2) the first name, middle initial, and last name of each author; 3) the affiliation of each author at the time the work was done, with the use of author initials in parentheses to designate which affiliation corresponds to which author; 4) disclaimers, if any; 5) the name, mailing address, telephone and fax numbers, and e-mail address of the author responsible for correspondence about the manuscript; 6) the name and mailing and e-mail addresses of the author to whom requests for reprints should be addressed or a statement that reprints will not be available from the author; 7) sources of support, including grants, fellowships, and gifts of materials (eg, chemicals, experimental diets); and 8) a short running head of **not more than 50 characters** (count letters and spaces).

Authorship

Each author must have participated sufficiently, intellectually or practically, in the work to take public responsibility for the content of the article, including the conception, design, and conduct of the experiment, and for the data interpretation. An

article with corporate (collective) authorship must specify the key persons responsible for the article; others contributing to the work should be recognized separately. A description of the contribution of each author must be provided in the Acknowledgment section. The Editors may require authors to justify the assignment of authorship. Authors must disclose in the Acknowledgment section any advisory board affiliations with and financial or personal interests in any organization sponsoring the research at the time the research was done. All authors must sign a statement agreeing to these requirements for authorship with the transfer of copyright (www.ajcn.org/misc/agree.pdf).

Abstract and key words

A properly constructed and informative abstract is helpful for the initial editorial review of the submitted manuscript. Original research articles must include a structured abstract that contains no more than 250 words, is written **in complete sentences**, and includes the following headings:

Background: Provide 1 or 2 sentences that explain the context of the study.

Objective: State the precise objective, the specific hypothesis to be tested, or both.

Design: Describe the study design, including the use of cells, animal models, or human subjects. Identify the control group. Identify specific methods and procedures. Describe interventions, if used.

Results: Report the most important findings, including results of statistical analyses.

Conclusions: Summarize in 1 or 2 sentences the primary outcomes of the study, including their potential clinical importance, if relevant (avoid generalizations).

Review articles, special articles, and reports should include an unstructured abstract (no more than 250 words) that states the purpose of the article and emphasizes the major concepts and conclusions.

Below the abstract, provide and identify as such at least 6 key words or short phrases, including the subject group, that will assist indexers in cross-indexing your article; do not use adjectives. Use terms from the medical subject headings list from *Index Medicus* whenever possible.

Text

Use active voice whenever possible. Use past tense when describing and discussing the experimental work on which the article is based. Reserve present tense for reference to existing knowledge or prevailing concepts and for stating conclusions from the experimental work. Clearly differentiate previous knowledge and new contributions. Do not use *level* when referring to a concentration. Use metric units of measure; SI units are no longer required. Use *triacylglycerol* instead of *triglyceride*.

The text of observational and experimental articles should be divided into sections with the following headings: Introduction, Subjects (or Materials, for cell or animal studies) and Methods, Results, and Discussion. Long articles may require subheadings within some sections. Authors should consult recent issues of the *AJCN* for guidance on the formatting of other types of articles, book reviews, and editorials.

Introduction

Clearly state the purpose of the article. Summarize the rationale and background for the study or observation, giving only strictly pertinent references. Do not include methods, data, results, or conclusions from the work being reported. The Introduction should be limited to 1.5 typewritten pages.

Subjects (or Materials) and methods

Describe clearly your selection of the experimental and control subjects and provide eligibility and exclusion criteria and details of randomization. Describe the methods for, and success of, any masking (blinding) of observations. Report any complications of experimental treatments. Identify the methods, apparatus (manufacturer's name and location in parentheses), and procedures in sufficient detail to allow other researchers to reproduce the results. When referring to centrifugation, give force \times *g*, duration, and temperature. Do not use trademark names, such as Teflon, as generic terms. Give references for established methods, including statistical methods; provide references and brief descriptions of methods that have been published but are not well known; and describe new or substantially modified methods, giving reasons for using them and evaluating their limitations. Identify precisely all drugs and chemicals used, including generic names, dosages, and routes of administration. If trade names for drugs and chemicals are included, give the manufacturer's name and location.

Ethics. When reporting experiments on human subjects, indicate that the procedures followed were in accordance with the ethical standards of the responsible institutional or regional committee on human experimentation or in accordance with the Helsinki Declaration of 1975 as revised in 1983. Do not use patients' names, initials, or hospital identification numbers. When reporting experiments on animals, indicate approval by the institution's animal welfare committee and state whether the National Research Council's guide for the care and use of laboratory animals was followed.

Statistics. Describe statistical methods with enough detail to enable a knowledgeable reader with access to the original data to verify the reported results. When possible, quantify findings and present them with appropriate indicators of measurement error or uncertainty (eg, CIs, SDs, or SEs), even for differences that were not significant. Report the numbers of observations. When appropriate, explain the choice of sample size in terms of the power to detect effects. References for study design and statistical methods should be to standard works when possible rather than to articles in which designs or methods were originally reported. Specify any general-use computer programs used, including the version number and the manufacturer's name and location. Include general descriptions of statistical methods in the Subjects (or Materials) and Methods section and specific descriptions in each table and figure legend. Indicate whether variables were transformed for analysis. Provide details about what hypotheses were tested, what statistical tests were used, and what the outcome and explanatory variables were (where appropriate). Indicate the level of significance used in tests.

If the study design involves direct control of more than one factor or measurement of factors that are reasonably uncorrelated with each other (such as sex and age), the statistical analysis should consider all factors simultaneously. For example, if serum HDL was measured in both men and women in 3 age groups, the analysis should be a two-factor analysis of

variance with interaction, including sex and age group as main effects, rather than 2 separate one-factor analyses. Within-group analyses should be done only if significant interactions have been shown. For example, 1) if subjects in 2 treatment groups were measured at 2 or more time points, the change over time within each group should not be assessed unless there was a significant group \times time interaction; 2) if subjects from 2 ethnic groups were randomly assigned to treatment groups, comparisons between treatments should not be done within an ethnic group unless there was a significant ethnicity \times treatment group interaction. For post hoc comparisons of means, control for overall type I error by using Tukey's, Dunnett's, or Scheffe's test.

When data are summarized in the Results section, specify the statistical methods used to analyze them. Avoid nontechnical uses of technical statistical terms, such as *random* (which implies a randomizing device), *normal*, *significant*, *correlation*, *sample*, and *parameter*. Avoid value judgments about the results of statistical analyses with phrases like "nearly reached significance" or statements that means or proportions were similar when they were merely not significantly different. Do not report *P* values in the text if already given in the tables or figures. Define statistical terms, abbreviations, and symbols not listed under "Commonly used approved abbreviations." Detailed statistical analyses, mathematical derivations, and the like may sometimes be suitably presented as one or more appendixes.

Results

Present your results in a logical sequence in the text, tables, and figures. Do not present specifics of data more than once and do not duplicate data from tables or figures in the text; emphasize or summarize only important observations. Do not present data from individual subjects except for very compelling reasons. Report losses to observation (such as dropouts from a clinical trial). Use boldface for the first mention of each table or figure.

Discussion

The Discussion should not exceed 4 typewritten pages except in unusual circumstances as approved by the Editor. Emphasize concisely the novel and important aspects of the study and the conclusions that follow from them. Do not repeat in detail data or other material given in the Introduction or Results. Include the implications of the findings and their limitations and relate the observations to other relevant studies. Link conclusions with the goals of the study and avoid unqualified statements and conclusions that are not completely supported by the data. Avoid claiming priority and alluding to work that has not been completed. State new hypotheses and recommendations when warranted by the results and label them clearly as such.

Acknowledgments

Acknowledge only persons who have made substantive contributions to the study. Authors are responsible for obtaining written permission from everyone acknowledged by name and for providing to the Editor a copy of the permission, if requested. Each author is required to list his or her contribution to the work (such as design of the experiment, collection of data, analysis of data, writing of the manuscript, or provision of

significant advice or consultation) and to disclose any financial or personal relationships with the company or organization sponsoring the research at the time the research was done. Such relationships may include employment, sharing in a patent, serving on an advisory board or speakers' panel, or owning shares in the company. The source of support for the research reported in the paper should be listed on the title page, not as an acknowledgement.

References

Number references consecutively in the order in which they are first mentioned in the text. Identify references by Arabic numerals in parentheses. References cited in tables or in legends to figures should be numbered according to the first citation of the table or figure in the text. Appendixes should have a separate reference section.

It is rarely necessary to cite more than 50 references in an original research article. Try to avoid citing published abstracts as references [if a published abstract is cited, include "(abstr)" at the end of the reference]. Abstracts from scientific meetings not published in peer-reviewed journals may not be used as references. Unpublished observations and personal communications (written, not oral) may not be used as references but may be inserted in parentheses with the names of the responsible researchers and the year of the observation or communication. Authors are responsible for obtaining written permission from everyone so cited and for providing to the Editor a copy of the permission, if requested. Doctoral dissertations may be used as references. Include manuscripts accepted but not yet published; designate journal name followed by "(in press)." Report foreign titles in the original language, identify the language, and provide the English translation in parentheses. The references must be verified by the author against the original documents.

Journals

1) Standard journal article: list all authors when 6 or fewer; when 7 or more, list only the first 3 and add "et al." Abbreviate journal titles according to *Index Medicus* style, which is used in MEDLINE citations.

Jeffery RW, Wing RR, Sherwood NE, Tate DF. Physical activity and weight loss: does prescribing higher physical activity goals improve outcome? *Am J Clin Nutr* 2003;78:684–9.

2) Corporate author

National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III). Third Report of the National Cholesterol Education Program (NCEP) Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) final report. *Circulation* 2002;106:3143–421.

Books and other monographs

3) Personal authors

Shils M, Shike M, Olson J, Ross AC. *Modern nutrition in health and disease*. 9th ed. Baltimore: Lippincott Williams & Wilkins, 1998.

4) Committee report or corporate author

National Research Council. *Recommended dietary allowances*. 10th ed. Washington, DC: National Academy Press, 1989.

Food and Nutrition Board, Institute of Medicine. *Dietary reference intakes for vitamin C, vitamin E, selenium and carotenoids*. Washington, DC: National Academy Press, 2000.

5) Chapter in book

Young VR, El-Khoury AE. The notion of nutritional essentiality of amino acids, revisited, with a note on the indispensable amino acid requirements in adults. In: Cynober L, ed. *Amino acids in health and disease*. Boca Raton, FL: CRC Press, 1995:191–232.

6) Agency publication

US Department of Agriculture, US Department of Health and Human Services. *Nutrition and your health: dietary guidelines for Americans*. Washington, DC: US Government Printing Office, 2000. [USDA Home and Garden Bulletin no. 232.]

Internet references

7) Website

National Center for Health Statistics. National Health and Nutrition Examination Survey. Version current 1 October 2003. Internet: <http://www.cdc.gov/nchs/nhanes.htm> (accessed 13 October 2003).

8) Online journal article

Sinha A, Madden J, Ross-Degnan D, Soumerai S, Platt R. Reduced risk of neonatal respiratory infections among breast-fed girls but not boys. *Pediatrics* [serial online] 2003;112:e303. Internet: <http://pediatrics.aappublications.org/cgi/content/full/112/4/e303> (accessed 14 October 2003).

Tables

Each table should appear on a separate page; remember to use **double-spacing**. Number tables consecutively with Arabic numerals (do not use 1A, 1B, etc) and supply a brief descriptive title for each. Give each column a short or abbreviated heading. Place explanatory matter in footnotes, not in the heading or table title. Each table should contain enough detail (including statistics) that the table is intelligible without reference to the text. Explain in footnotes all nonstandard abbreviations that are used in the table. Commonly used approved abbreviations (*see* the section of the same name below) may be used without explanation. Additionally, explanations are not needed for ANOVA, BMI, F (females), and M (males). For footnotes, use superscript Arabic numerals. For reporting results of statistical analyses, superscript letters can be used if explaining the results in the usual manner would be too complicated (*see* a recent issue of the *AJCN* for examples). The first appearance in a horizontal row determines the order of the footnotes. Identify statistical measures of variation, such as SD and SE. **Omit internal horizontal and vertical rules**. Cite each table in the text in consecutive order. Use boldface for the first mention of each table. If you use data from another published source, acknowledge the source fully. Number references in tables according to the location of the first citation of each table in the text.

Figures

Cite each figure in consecutive order in the text. Use boldface for the first mention of each figure. Spell out the word "Figure"; do not use "Fig." If a figure has been published, acknowledge the original source and submit written permission from the copyright holder to reproduce the material in print and electronic format. Except for documents in the public domain,

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Legends for all figures should be typed with double-spacing on a separate page (not on the figures themselves). Each legend should contain enough detail, including statistics, to make the figure intelligible without reference to the text. Explain all nonstandard abbreviations used in the figure (*see below* for list of standard abbreviations under "Units and abbreviations"). When symbols, arrows, numbers, or letters are used to identify parts of the figures, identify and explain each one clearly in the legend. Explain internal scale and identify the method of staining in photomicrographs.

Figures must be good-quality, unmounted glossy prints or high-quality laser-printed copies, usually 127×173 mm but no larger than 203×254 mm. Lettering and symbols must be large enough to be readable when reduced to 1 column width (<8.5 cm) or, in rare cases, to 2 column widths. The use of color will be evaluated for each figure on an as-needed basis, and the author must pay an extra charge if color is used. Reprints of articles with color figures will be billed at a higher charge because of the additional costs of printing color. Do not use 3-dimensional figures unless necessary. When labeling axes, capitalize only the first word and proper nouns; use lowercase letters for the remaining words and put units in parentheses.

UNITS AND ABBREVIATIONS

Use only standard abbreviations. Consult the following sources for standard abbreviations: *Scientific Style and Format* and *Standard for Use of the International System of Units (SI): the Modern Metric System* (American Society for Testing and Materials. IEEE/ASTM SI 10-1997. West Conshohocken, PA: ASTM, 1997). Avoid abbreviations in the title, and avoid the use of abbreviations for single words. The complete phrase or expression should precede the first use of an abbreviation in the text unless it is a standard unit of measurement, chemical compound preceded by a digit, or one of the following standard abbreviations: ADP, AIDS, AMP, ATP, DMEM, DNA, EDTA, eg, EGTA, GDP, GTP, HCl, HDL, HEPES, HIV, HPLC, ie, LDL, ln, MEM, MOPS, NAD, NADH, NADP, NADPH, RNA, RPMI, tris, and VLDL. (*See also the standard abbreviations for statistical terms below.*)

Metric units are required and the use of the International System of Units (SI units) is optional. For a comprehensive listing of SI conversion factors, consult *SI Units for Clinical Measurement* (Young DS, Huth EJ. Philadelphia: American College of Physicians, 1998) or *Am J Clin Nutr* 1998;67:166–81. Dosage forms and dietary ingredients may be expressed in gram or mole quantities. Energy may be expressed in kilocalories or joules; the conversion factor for converting kilocalories to kilojoules is 4.184. Do not report energy in Calories with a capital C; use kcal, MJ, or kJ instead. Temperatures should be reported in degrees Celsius. Blood pressures should be reported in millimeters of mercury. Use of katal to report enzyme activity is optional.

The *AJCN* follows the vitamin nomenclature policy of the IUPAC-IUB Joint Commission on Biochemical Nomenclature (Biochemical nomenclature and related documents. A compendium. 2nd ed. London: Portland Press, 1992). Authors are responsible for ensuring that their terminology conforms with this policy.

Commonly used approved abbreviations

Standard units of measurement

ampere, A	liter, L
becquerel, Bq	meter, m
coulomb, C	minute, min
curie, Ci	mole, mol
day, d	month, mo
degree Celsius, °C	ohm, Ω
farad, F	pascal, Pa
gram, g	second, s
hertz, Hz	sievert, Sv
hour, h	volt, V
joule, J	watt, W
katal, kat	week, wk
kelvin, K	year, y
kilocalorie, kcal	

Usage

length: m, mm, μm (not acceptable: in, ft, yd, \AA , $\text{m}\mu$)

area: m^2 , mm^2 , μm^2 (not acceptable: sq in, in^2 , μ^2)

volume: L, mL, μL , pL (not acceptable: pint, gallon, cc, ccm, λ , $\mu\mu\text{L}$)

mass: kg, g, mg, μg , ng, pg (not acceptable: oz, lb, gr, gm, gms, mgm, mgms, mgs)

mass concentration: kg/L, g/L, mg/L, $\mu\text{g/L}$ (not acceptable: mg %)

substance concentration: mol/L, mmol/L, $\mu\text{mol/L}$, nmol/L (not acceptable: M, N)

Combining prefixes

tera- (10^{12}), T	micro- (10^{-6}), μ
giga- (10^9), G	nano- (10^{-9}), n
mega- (10^6), M	pico- (10^{-12}), p
kilo- (10^3), k	femto- (10^{-15}), f
milli- (10^{-3}), m	atto- (10^{-18}), a

Statistical terms

coefficient of correlation, sample, r
 coefficient of multiple correlation, R
 coefficient of variation, CV
 confidence interval, CI
 degrees of freedom, df
 mean, \bar{x}
 not significant, NS
 number of observations, n
 probability, P
 standard deviation, SD
 standard error of the estimate, SEE
 standard error of the mean, SEM
 variance ratio, F

CORRECTING PROOF

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not to be altered by authors unless a scientific error has been introduced. The page proofs should be returned to the *AJCN* Production Office. If changes are received after the deadline, the article will be printed as set.

CHARGES TO AUTHORS

Submission

The responsible author must agree to pay page charges when the manuscript is submitted for publication. Requests for waivers of the charge must be submitted to the Editor-in-Chief with the original manuscript. After publication of their articles, responsible authors will be billed \$75 per printed journal page (3 double-spaced manuscript pages equal \approx 1 printed journal page) for the first 8 pages and \$120 for each additional page (except for reviews, for which the page charges are \$75 per page for all pages). This charge does not apply to reports of ASCN meetings, official ASCN statements, letters to the Editor, book reviews, or articles invited by the Editor-in-Chief. All checks should be drawn on a US bank; there will be a \$20 charge for insufficient funds. Payment may also be made with VISA, MasterCard, or American Express. Bank transfers are accepted; there is a \$20 charge per transfer. Please contact the Production Office for transfer information.

Page proofs

The cost of changes for correction of composition, typographic, editorial, and minor author errors will be absorbed by the *AJCN*. Major author changes will be billed to authors at the rate of \$10 per occurrence.

Reprints

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Supplements

After a supplement has been found appropriate for publication, the guest editor must contact the *AJCN* to make financial arrangements. Write to the Managing Editor, *The American Journal of Clinical Nutrition*, 9650 Rockville Pike, Bethesda, MD 20814-3998. E-mail: journal@ascn.faseb.org.

SUPPLEMENTAL MATERIAL

Supplemental material may be attached to the published article on the *AJCN* website. This material should be included with the manuscript when it is submitted electronically.

Tips for authors submitting manuscripts to the *AJCN*

To submit your manuscript online, please access the following website: <http://www.rapidreview.com/ASCN2/CALogon.jsp>.

To find out if you already have an account, you may send an e-mail to ajcn@ucdavis.edu. If you have an account, we can give you your username and password information.

Your manuscript must adhere to the following format. If not, we will insist that you make the corrections and re-upload your manuscript files before the manuscript is passed on to the Editor-in-Chief.

- Manuscript must be double-spaced throughout
- Manuscript must have line numbers in the left margin of abstract and text pages
- Manuscript must have the proper items in the Acknowledgment section (ie, conflict of interest statement and description of the contributions of the authors)
- Manuscript must have references cited in numerical order

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The American Journal of Clinical Nutrition

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