

Guidelines for Authors

Nutrition Research and Practice

(Enacted in January 2007, most recently revised in January 2014)

Nutrition Research and Practice (NRP) is an official journal, jointly published by the Korean Society of Community Nutrition and the Korean Nutrition Society. The Journal is published bimonthly, with six issues a year. All contents of the *NRP* are freely available on the web. The Guidelines for Authors is also available on the *NRP* website at <http://e-nrp.org>. For the policies on the research and publication ethics not stated in these guidelines, “Good Publication Practice Guidelines for Medical Journals (http://kamje.or.kr/publishing_ethics.html)” or “Guidelines on good publication <http://www.publicationethics.org.uk/guidelines/>” can be applied. If there are any ethical issues from the manuscript, the Editorial Board of the Society will review the issues and provide recommendations to the authors. If anyone does not agree or accept the decision by the Society in the process of ethical issues, those may be referred to the Korean Association of Medical Journal Editors (<http://kamje.or.kr>) or appropriate Committee of the corresponding institutes.

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NRP aims to stimulate research and practice across diverse areas of human nutrition. The Journal publishes original manuscripts on nutrition biochemistry and metabolism, community nutrition, nutrition and disease management, nutritional epidemiology, nutrition education and institutional foodservice. The original manuscripts consist of the following categories: Original Research, Research Notes, Communications, and Reviews. Reviews will be received by the invitation of the editors only. Statements made and opinions expressed in the manuscripts published in this Journal represent the views of authors and do not necessarily reflect the opinion of the Societies.

Submission of manuscripts is open to nonmembers as well as members of the Korean Society of Community Nutrition and the Korean Nutrition Society. All manuscripts must be submitted at the *NRP* e-submission website, <http://e-nrp.org>. Only manuscripts submitted through the web site will be considered for review. At the time of submission, complete contact information (name, affiliation, country, address, telephone number, cell phone number, fax number and e-mail address) for the corresponding author is required. First and last names, affiliation and department of all co-authors are also required. Submission of an article for publication implies that all named authors have agreed on its submission. The manuscript as well as the check list file should be uploaded at the *NRP* e-submission website. The corresponding author should submit a review fee via wire transfer (Bank : Nonghyup, Account: The Korean Society of Community Nutrition 453130-55-004264) as follows: 40,000 Won (or USD 40) for domestic members, 80,000 Won (or USD 80) for non-members.

All submitted manuscripts will be treated as confidential and undergo double-blind peer review by the members of editorial board or their designees before acceptance for publication. The corresponding author will be notified as soon as possible of the editor’s decision to accept, reject, or request for the revision of the manuscripts after the review process. When the final manuscript is completely acceptable according to the *NRP* format and criteria, it is scheduled for publication in the next available issue.

Authorship and Ethical Issues

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- International Committee of Medical Journal Editors (“Uniform Requirements for Manuscripts Submitted to Biomedical Journals”)
-February 2006

Informed Consent: Patients have a right to privacy that should not be infringed without informed consent. Identifying information, including patients' names, initials, or hospital numbers, should not be published in written descriptions, photographs, and pedigrees unless the information is essential for scientific purposes and the patient (or parent or guardian) gives written informed consent for publication. Informed consent for this purpose requires that a patient who is identifiable be shown the manuscript to be published. Authors should identify individuals who provide writing assistance and disclose the funding source for this assistance. Identifying details should be omitted if they are not essential. Complete anonymity is difficult to achieve, however, and informed consent should be obtained if there is any doubt. For example, masking the eye region in photographs of patients is inadequate protection of anonymity. If identifying characteristics are altered to protect anonymity, such as in genetic pedigrees, authors should provide assurance that alterations do not distort scientific meaning and editors should so note.

The requirement for informed consent should be included in the journal's instructions for authors. When informed consent has been obtained, it should be indicated in the published article.

- International Committee of Medical Journal Editors (“Uniform Requirements for Manuscripts Submitted to Biomedical Journals”)
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Human and Animal Rights: When reporting experiments on human subjects, authors should indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2000 (5). If doubt exists whether the research was conducted in accordance with the Helsinki Declaration, the authors must explain the rationale for their approach and demonstrate that the institutional review body explicitly approved the doubtful aspects of the study. When reporting experiments on animals, authors should indicate whether the institutional and national guide for the care and use of laboratory animals was followed.

- International Committee of Medical Journal Editors (“Uniform Requirements for Manuscripts Submitted to Biomedical Journals”)
-February 2006

Manuscript Preparation

General: The manuscript must adhere to the following guidelines. If not, authors will be notified to make the necessary corrections and resubmit the manuscript file before it undergoes the review process.

- Manuscripts are to be clearly typewritten in English and prepared using MS Word.
- Manuscripts are to be double-spaced including the abstract and text pages with margins of the 3 cm.
- Manuscripts are to have line numbers in the left margin of the abstract and text pages. Go to [Page Setup] under [File] menu, select [Layout] tab, and click on [line number] in MS Word.
- Manuscripts are to have page numbers at the bottom right-hand corner beginning with the abstract page.

Arrangement: The manuscript must be arranged as follows: title page, abstract, text, references, tables and figures.

Title Page: A title page must have the full title, which should be short and informative. A short running head containing not more than 50 characters including spaces is also required together with the names of all authors and the institution(s) where the work was conducted. Provide the full postal address, e-mail address, telephone and facsimile numbers of the author for correspondence. Acknowledgments, if any, need to be included on the title page as well.

Abstract and Key Words: The title of manuscript should be listed at the top of the abstract page. A single paragraph of the abstract not exceeding 300 words should be prepared. For original research, the abstract should describe the purpose, study methods, main findings and the principal conclusion of the study. Not more than five keywords should be included at the end of abstract.

Text: In case of original research, it should be divided into the following sections: Introduction, Subjects (or Materials) and Methods, Results, Discussion and Acknowledgment. For other types of articles that are likely to need different formats, author(s) should consult the editor of the *NRP*.

References: Reference should be numbered serially in the order of appearance in the text, with numbers in brackets([]). If referring to more than two sequential references, list all numbers. References should be listed on a separate sheet at the end of the paper in the order of citation. List all authors' names regardless of the number of authors. Journal names should be abbreviated according to the journal list of United States National Library of Medicine (NLM) available from: <http://www.ncbi.nlm.nih.gov/sites/entrez?db=journals> and the List of KoreaMed Journals available from: <http://www.koreamed.org/JournalBrowser.php> References should be arranged and punctuated according to the examples below. For citations from other sources, refer to “The NLM Style Guide for Authors, Editors, and Publishers”. 2nd Edition, 2007. (<http://www.nlm.nih.gov/citingmedicine>).

- 1) *Example for journal article:*
Kim MS, You MK, Rhuy DY, Kim YJ, Baek HY, Kim HA. Loquat (*Eriobotrya japonica*) extracts suppress the adhesion, migration and invasion of human breast cancer cell line. *Nutr Res Pract* 2009;3:259-64.
- 2) *Example for book:*
Hong KD, Lee K. *Community Nutrition*. Seoul: Youngil Publishing Co.; 2003. p.35-47.
- 3) *Example for chapter in a book:*
Hopkins B, Yoon H, Hiemstra JA. Assessment of nutritional status. In: Gottschilich MM, Matarese LE, Shornts EP, editors. *Nutritional Support Dietetics*. New York: John Wiley; 2006. p.15-70.
- 4) *Example for dissertation*
Kim YH. The factors th fat distribution related in the abdomen of obese woman [master's thesis]. Seoul: Ewha Womans University; 2007.
- 5) *Example for internet source:*
National Institute of Food and Drug Safety Evaluation [Internet]. Sulfur. Cheongwon: National Institute of Food and Drug Safety Evaluation; 2010 [cited 2010 August 10]. Available from: <http://www.nifds.go.kr/toxinfo/Index>.

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Units and Abbreviations: Quantity is presented by Arabic numerals. Units of measurement must conform to the International System of Unit (SI). Use these abbreviations throughout the paper: centimeter cm; liter l; milligram mg; kilogram kg; kilojoule kJ; weight wt; second s; hours h; mean m; standard deviation SD; standard error SE; number n. When abbreviations or acronyms are mentioned for the first time in the text, the complete form should be written first, putting abbreviations or acronyms in parentheses. Very common abbreviations such as RDA, UNICEF, need not be defined.

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