



Journal of **RENAL** **NUTRITION**

Guidelines for Contributing Authors

The **Journal of Renal Nutrition** is the official publication of the Council on Renal Nutrition of the National Kidney Foundation, Inc. Its purpose is to stimulate interest and research in nutrition pertaining to kidney and urologic diseases, hypertension, and transplantation, as well as to publish information concerning renal nutrition practices and policies. The goal of **JREN** is to publish original communications and research that maintain high standards for the profession and that contribute significantly to the overall advancement of the field.

The **JREN** is a refereed publication. Manuscripts are accepted for review with the understanding that the material has not been previously published, except in abstract form, and is not concurrently under review for publication elsewhere.

Authors submitting a manuscript do so on the understanding that if it is accepted for publication, copyright in the article, including the right to reproduce the article in all forms and media, shall be assigned exclusively to the National Kidney Foundation. The Publisher will not refuse any reasonable request by the author for permission to reproduce any of his or her contributions to the journal.

Research and Review: The **JREN** welcomes reports of original research on any topic related to renal nutrition science and dietetics. The Editor will also consider articles that document the development of new concepts or that review and update topics in the biologic or social sciences that are relevant to professionals working in the field of renal nutrition.

Reports and Commentary: The **JREN** welcomes articles that describe innovative and evaluated renal nutrition education programs, that report on viewpoints on current issues and controversies in the field, or that provide historical perspectives on renal nutrition.

Manuscript Categories

Reviews: Review articles, traditional or meta-analysis style, are usually invited contributions; however, letters of interest are welcomed.

Original Research: Full manuscript format should include introduction, methods, results, and discussion of original research. Length usually should not exceed fifteen double-spaced pages including references.

Clinical/Research Briefs: Abbreviated manuscript format presents clinical practice experience, preliminary research findings (basic or clinical), or professional observations in a shortened report form. Length usually should not exceed six double-spaced pages.

Practical Aspects: Contributions to this section are detailed protocols, forms, or other such materials that are successfully utilized for delivery of nutrition care or medical, nursing or psychological care when it has a nutrition component.

Case Studies: This detailed scenario should illustrate a patient care situation that benefited from nutrition intervention. Typically, it should consist of a brief clinical and nutrition history, and a detailed nutrition intervention plan with discussion of recommendations focused toward practical

replication. Appropriate laboratory values, anthropometric measurements, and clinical parameters should be provided.

Patient Education: This section provides renal dietitians with a convenient, easy-to-read, educational handout for patient distribution.

Letters to the Editor: Letters should be restricted to scientific commentary about materials published in the **JREN** or to topics of general interest to professionals working in the field of renal nutrition science and dietetics.

Manuscript Submission

The **Journal of Renal Nutrition** utilizes a web-based manuscript submission and peer-review system. Authors should submit their manuscripts, with figures and tables, electronically at the **JREN** website, www.jrnjournal.org. Authors can also visit <http://ees.elsevier.com/yjren>. Complete instructions are available at the website. If authors experience any difficulty during the submission process or require any assistance, please contact authorsupport@elsevier.com. If authors do not receive an email confirmation of submission within 24 hours, it may be an indication that the manuscript has not been received by the editorial office. In this instance, authors should contact the editorial office (djordjrn@earthlink.net).

If authors do not have access to the website, they may submit an original and two copies (for a total of three) of the manuscript and a copy on disk following **JREN** guidelines to Jordi Goldstein-Fuchs, DSc, RD, Editorial Office, **Journal of Renal Nutrition**, 4871 Elkcreek Trail, Reno, NV 89509-8027.

Manuscript Format

Manuscripts must be double-spaced using 12 pt. Type (preferably Times New Roman) and unjustified margins. Pages must be numbered starting with the title page.

Include a cover letter to the Editor with your submission stating the main aspects of your research findings or of your article. Identify the name of the corresponding author. Include the name, address, telephone and facsimile numbers, and email addresses of two or three individuals who may serve as reviewers, at the discretion of the editor.

Manuscripts submitted as **Original Research** and **Clinical/Research Briefs** should be organized as follows: title page, abstract, introduction, methods, results, discussion, acknowledgments, references, tables, and legends and figures. All pages should be numbered consecutively, starting with the title page as page one.

The title page should include the title of the manuscript; the name and degree(s) of each author; the complete address of the institution at which the work was conducted; the current title(s) and affiliation(s) of the author(s); any appropriate acknowledgment statements; and the name, address, telephone and fax numbers, and email address of the corresponding author.

The abstract page should include the title of the manuscript, but no other identification information. Structured abstract format should be used for original research using the following

headings: (1) *Objective*: clear statement of purpose of study; (2) *Design*: research design; (3) *Setting*: context in which the study was conducted; (4) *Patients or other participants*: demographics, selection criteria, control group used; (5) *Intervention*: methodology, description of treatment used; (6) *Main outcome measure*: variable used to assess intervention effect; (7) *Results*: primary findings of study; and (8) *Conclusion*: brief summary of effect directly supported by evidence. Traditional narrative abstract format for all other manuscript categories should be clearly written to state the purpose of the work, the methodology employed, brief findings, and a conclusion. A list of approximately five key words (to be used for indexing) should appear at the end of the abstract.

Authors of review manuscripts should consult with the editor for format. Material submitted to the Practical Aspects section should include a title page, abstract, introduction, references, and, when appropriate, tables and illustrations. The remaining pages should be numbered consecutively and should not contain author identification. Appropriate headings and subheadings should be provided as necessary to distinguish sections; these should be typed flush left on separate lines. Submissions for Patient Education should be accompanied by an introduction explaining the rationale for the development of the material and, when appropriate, how it should be used. Text should be clear and concise, and figures should be contained on two pages with expanded type.

Use of the present tense is preferable. Refer to patients by number. Actual names or initials should not be used in the text, table, or illustrations. *All clinical laboratory values must be expressed in Systeme International (SI) units followed by traditional units in parentheses.* For conversion information, please refer to Huth EJ: *Medical Style and Format: An International Manual for Authors, Editors, and Publishers.* Philadelphia, PA, ISI Press, 1986.

Tables and Illustrations

Tables: Type each table on a separate sheet of paper. Do not insert vertical rules in tables. Include a title for each table. Number tables consecutively within the manuscript. Use standard citation superscript symbols (*, †, ‡, § . . .). Authors should place footnotes in order, reading from left to right and top to bottom, and should begin a new series of footnotes for each table. Footnotes should not appear in table titles.

Illustrations: Illustrations include charts, drawings, graphs, and photographs. Charts, drawings, and graphs must be computer-generated. Number illustrations consecutively in the order that they are to appear in the text. Figures should be attached as separate files, not embedded in the manuscript file. On a separate sheet of paper list the legend for each illustration, double-spaced, with abbreviations and symbols identified as applicable.

If any table or illustration has been published previously, a copy of the *letter of permission* from the copyright holder must accompany the manuscript. The original source of the table or illustration should be acknowledged in full reference form in the *reference* section of the manuscript. The figure legend (or table notes) should conclude with: "Reprinted with permission" followed by the appropriate reference number.

Authors are responsible for applying for permission for both print and electronic rights for all borrowed materials and are responsible for paying any fees related to the applications of these permissions.

References

References should be typed, double-spaced on separate pages at the end of the manuscript, and should be listed in the order in which they are cited in the text. Use abbreviations for journal titles as they appear in the latest edition of the *List of Journals Indexed in Index Medicus*. Accuracy of reference information is the author's responsibility. Please indicate if

the source is a complete article, abstract, or editorial; give inclusive page numbers for complete articles. Cite three complete names before using "et al." All reference information must be complete when the manuscript is submitted.

Examples of References

Journal Article: One to Three Authors

1. Wassner SJ, Holliday MA: Protein metabolism in chronic renal failure. *Semin Nephrol* 9:19-23, 1989

Journal Article: More Than Three Authors

2. Filler RM, Eraklis AJ, Das JB, et al: Total intravenous nutrition. *Am J Surg* 121:454-458, 1971

Journal Article in Press

3. Odaka M: Mortality in chronic dialysis patients in Japan. *Am J Kidney Dis* (in press)

Complete Book

4. Levine DZ (ed): *Care of the Renal Patient*. Philadelphia, PA, Saunders, 1983

Chapter of Book

5. Nixon HH: Intestinal obstruction in the newborn, in Rob C, Smith R (eds): *Clinical Surgery*. London, England, Butterworth, 1966, pp 168-172

Journal Article in Journal That is a Supplement

6. Paganini EP, Latham D, Abdulhadi M: Practical considerations of recombinant human erythropoietin therapy. *Am J Kidney Dis* 14:19-25, 1989 (suppl 1)

Abstract

7. Bello VAO, Gitelman HJ: High fluoride exposure in hemodialysis patients. *Am J Kidney Dis* 15:320, 1990 (abstr)

Editorial

8. Piantadosi S: Hazards of small clinical trials. *J Clin Oncol* 8:1-3, 1990 (editorial)

Review Process

Manuscripts submitted to the **Journal of Renal Nutrition** are reviewed in a blind fashion by at least two experts in the field of renal nutrition. The review process generally takes two months. Minor changes in style and clarity are made at the discretion of the reviewers. All substantial changes will require the approval of the author before typesetting.

After Acceptance

If a manuscript is accepted for publication, the author will be required to send the following to the editorial office:

1. A disk containing the final version of the manuscript (without any highlights or track changes). All components of the manuscript must appear within a single electronic file: references, figure legends, and tables must appear at the end of the manuscript. Please refrain from using end notes as references or automatic list numbering because these features are lost in conversion: simply type the reference number in parentheses in the text and type the reference list. Formatting, such as Greek letters, italics, super and subscripts, may be used: the coding scheme for such elements must be consistent throughout. All image files must be separate files. The following image file formats are not acceptable because they are low resolution: PowerPoint, JPG, GIF, ONG, PCX, PNG, XBM, and Excel.
2. Two copies of the final version of the manuscript.
3. For most types of figures, TIFF or EPS files are the preferred format. The resolution for line art must be at least 100 dpi; photographs and shaded drawings must have a finished resolution of 300 dpi. A hard copy of the figure must accompany all files.
4. Copyright form signed by at least one of the authors.