

# INSTRUCTIONS TO AUTHORS

## EDITING

Accepted manuscripts are copyedited according to the journal style: language editing could be necessary for non-English mother tongue Authors. They will be asked by the Editor-in-Chief, prior to the final acceptance, either to provide personally or to assign this task to the publisher and be billed a flat rate of € 100,00. A copy of the corrected manuscript will be sent to the corresponding Author together with the galley proofs. Authors will be responsible for all statements made in their articles, including changes made by the copy editor/reviewer and accepted by the corresponding author.

### 1.

The journal publishes original research papers, written in English, with the understanding that no substantial part has been or will be published elsewhere.

### 2.

By submitting a manuscript, the authors agree that the copyright is transferred to the Publisher if and when the article is accepted for publication.

### 3.

The journal of *Eating and Weight Disorders/Studies on Anorexia, Bulimia and Obesity* publishes basic research, clinical and theoretical articles on eating disorders and weight-related problems: anorexia nervosa, bulimia nervosa, subthreshold eating disorders, obesity, atypical patterns of eating behaviour and body weight regulation in clinical and non-clinical populations.

## NOTE TO AUTHORS

As of January 2005, journal contents identified as BRIEF REPORTS, NEW HYPOTHESES, CASE REPORTS, INSTRUMENTS, RECENT BOOKS and CORRESPONDENCE will be published as Electronic Contents only. Thus, such content will be available on [www.kurtis.it](http://www.kurtis.it) only. Electronic Contents will continue to be regularly indexed on Medline. They will also be included in the Contents List on the journal cover and in the Subject Index published on the paper version of the journal at the end of each year.

Authors of Electronic Contents will receive a complimentary copy of their own article in electronic PDF format.

### 4.

The journal of *Eating and Weight Disorders/Studies on Anorexia, Bulimia and Obesity* includes the following types of papers.

## PRINT CONTENTS

### Review Articles

Overview papers on selected topics. Review articles are in general invited by the editors but suggestions by interested individuals may also be considered. Prospective authors should submit a formal and detailed proposal to the Editor, indicating the title and a brief outline of the content. Manuscripts should provide an up-to-date and authoritative review and synthesis of existing literature. Review Articles should not exceed 7.500 words including an abstract of no more than 250 words, references, tables and figures.

### Original Research Papers

Accounts of research or clinical practice that should be based on original rather than confirmatory data. Typically, Original Research Papers will present new data

derived from a sizable series of subjects or patients. Original Research Papers should not exceed 5.000 words including an abstract of no more than 250 words, references, tables and figures.

## ELECTRONIC CONTENTS

### Brief Reports and New Hypotheses

Short papers including data from preliminary studies, new approaches to clinical practice, replication studies that are primarily based on negative or confirmatory data. New Hypotheses, new albeit speculative ideas may be submitted for comment and discussion. Brief Reports should not exceed 2.000 words including an abstract of no more than 150 words, references, tables and figures.

### Case Reports

Short papers that illustrate either a previously unrecognized disorder or a new aspect of a known condition. Ethical and legal considerations require the protection of a patient's anonymity. Case Reports should not exceed 2.000 words including an abstract of no more than 150 words, references, tables and figures.

### Instruments

Papers that present new translations of well known psychometric instruments and cross cultural validation studies. These papers should not exceed 5.000 words including an abstract of no more than 250 words, references, tables, and figures.

### Recent Books

Recent books for review may be sent to the Editor. Authors interested in reviewing a particular book should communicate directly with him. Old books and articles may be reconsidered.

### Correspondence

Brief letters (maximum of 500 words including references; no tables or figures) may be published if they include the notation "for publication". Letters providing pertinent comments on published articles will be considered and the authors concerned will be given a right to reply. Letters raising problems of general interest will also be considered. Publication of correspondence is at the discretion of the Editorial Board. Clinical Symposia from invited contributors are published occasionally.

### 5.

Authors are encouraged to send 3 hard copies of their manuscripts and email an exactly matching electronic version to

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### 6.

Each manuscript must be accompanied by a letter stating that the authors wish to have it evaluated for publication in the journal of *Eating and Weight Disorders/Studies on Anorexia, Bulimia and Obesity*. Authors may suggest the names and addresses of at least five appropriate reviewers; they may also request that a particular individual not serve in that capacity.

### 7.

Manuscripts must be written in concise and correct English. They should be carefully checked for correctness of typing, spelling and grammar before they are submitted.

## INSTRUCTIONS TO AUTHORS

**8.** Manuscripts should be organized as follows: title page, abstract, text, acknowledgements, references, figure legends and tables. Separate sheets should be used for each of these items. All pages should be numbered consecutively, starting with abstract as page 1.

### *Title page*

This should include: (A) title of paper; (B) an abbreviated version of the title not exceeding 40 letters and spaces; (C) name of author(s), including first name(s); (D) name of department(s) and institution(s) in which the work was done, including full postal address; (E) a list of 5-10 key words for indexing purpose and (F) name and full postal address of the authors to whom the proofs and request for reprints should be sent. The title should be concise and clear.

### *Abstract*

An abstract should state the reason for the study, the main findings and the conclusions drawn from the observations. The abstract should be self explanatory, without reference to the text. Abbreviations may be included, provided that they are defined in the abstract as well as in the main text.

### *Main text*

Original articles should conform to the following organizational plan: introduction, materials and methods, results, and discussion. The introduction should include a brief review of the literature data which are strictly related to the object of the paper, and a short statement on the aims of the work presented. Materials and methods should be described with sufficient detail to allow other workers to duplicate the study. Previously reported procedures may be referred to by citation, but newly adopted modifications should be specified in detail. Results must be clearly and concisely described with the help of appropriate illustrative material. The discussion should be limited to the reported findings and their implications; unjustified speculations should be avoided. Footnotes to the text should be typed and numbered consecutively at the foot of the appropriate page, using a line for separation from the text.

### *References*

The number of references should be adequate, but not excessive; to this purpose, the use of appropriate recent reviews is recommended. Each reference should be cited in numerical order (in parentheses) in the text and listed in the same numerical order at the end of the paper. Articles in press (i.e. accepted for publication), may be included in the bibliography; the name of the journal in which they will appear, and if possible volume and year, should be indicated. References to unpublished materials may be cited in parentheses in the text, but not in the bibliography. Abstracts may be cited only when they contain substantial data not published elsewhere, their nature should be stated in the bibliography by the addition of the term ("Abstract") at the end of the reference. Authors should check references against original sources for accuracy. References to articles in journals should be listed as follows: authors' name and initials, title of article, name of journal, volume, pages and year.

*For example:* Garner D.M., Olmsted M.P., Bohr Y., Garfinkel P.E.: The Eating Attitudes Test: Psychometric features and clinical correlates. *Psychol. Med.*, 12, 871-878, 1982.

References to articles or chapters in books should be listed as follows: authors' name and initials, title of article or chapter, name and initials of editor(s), title of book, edition (other than first), city of publication, publisher, year, volume, pages.

*For example:* Kaplan A.S., Kats M.: Medical illnesses associated with weight loss and binge eating. In: Kaplan A.S., Garfinkel P.E. (Eds.), *Medical Issues and the Eating Disorders*. New York, Brunner-Mazel, 1993, pp. 17-38.

References to books should be listed as follows: authors' name and initials, title of book, edition (other than first), city of publication, publisher, year, volume.

*For example:* Selvini Palazzoli M.: *Self-starvation*. London, Chaucer, 1974.

References to web pages should be listed as follows: *For example:* National Institute for Clinical Excellence. Eating disorders: Core interventions in the treatment and management of anorexia nervosa, bulimia nervosa and related eating disorders. Clinical Guideline 9. <http://www.nice.org.uk/CG009NICEguideline> 2004 January

### *Illustrations*

Figures should be numbered consecutively with arabic numbers. Legends should be typed double-spaced on a separate sheet. Graphs should be submitted as high quality computer print-outs. Name of first author, and number and top of the figure should be indicated by a soft pencil on the back of each figure. Color prints are acceptable although the Author(s) will be asked to contribute to the additional printing costs. One transparency and three copies of color print should be provided for this purpose. The approximate position of each illustration in the text should be indicated by the author.

### *Tables*

They should be typewritten on separate sheets and submitted in triplicate. They should be numbered consecutively using arabic numbers. Each table must have a concise heading and should be comprehensible without reference to the text. Tabular data should in general not be duplicated in the text or figures. Authors are also requested to indicate the approximate position of each table in the text.

### *Abbreviations, symbols and nomenclature*

Abbreviations and symbols should be clearly defined preferably in the text. Drugs should be designated by their generic names and/or their chemical names, trade names are not acceptable. Nomenclature for hormones and chemical compounds should conform to current recommendations of appropriate international committees.

**9.**

*Proofs.* Galley proofs will be sent to the first author, unless otherwise indicated.

**10.**

*Reprints.* Reprints may be purchased at the prices indicated in the reprint order form accompanying the galley proofs.

**11.**

*Reviewing.* All submitted manuscripts are examined by the Editorial Board and sent out to two Referees. Authors are usually notified within 8 weeks as to the acceptability of their manuscript.

Publication of papers is free of charge.

Manuscripts and all correspondence concerning papers under review should be sent to the

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